

# *Climate and vegetation dynamics of the northern Apennines (Italy) during the late Pleistocene and Holocene*

Article

Accepted Version

Creative Commons: Attribution-Noncommercial-No Derivative Works 4.0

Guido, M. A., Molinari, C., Moneta, V., Branch, N., Black, S., Simmonds, M., Stastney, P. and Montanari, C. (2020) Climate and vegetation dynamics of the northern Apennines (Italy) during the late Pleistocene and Holocene. *Quaternary Science Reviews*, 231 (1). 106206. ISSN 0277-3791 doi: <https://doi.org/10.1016/j.quascirev.2020.106206> Available at <https://centaur.reading.ac.uk/88896/>

It is advisable to refer to the publisher's version if you intend to cite from the work. See [Guidance on citing](#).

To link to this article DOI: <http://dx.doi.org/10.1016/j.quascirev.2020.106206>

Publisher: Elsevier

All outputs in CentAUR are protected by Intellectual Property Rights law, including copyright law. Copyright and IPR is retained by the creators or other copyright holders. Terms and conditions for use of this material are defined in the [End User Agreement](#).

[www.reading.ac.uk/centaur](http://www.reading.ac.uk/centaur)

**CentAUR**

Central Archive at the University of Reading

Reading's research outputs online

# Climate and Vegetation Dynamics of the Northern Apennines (Italy) during the Late Pleistocene and Holocene

Maria Angela Guido<sup>a</sup>, Chiara Molinari<sup>b</sup>, Valentina Moneta<sup>a</sup>, Nicholas Branch<sup>c</sup>, Stuart Black<sup>c</sup>, Michael Simmonds<sup>c</sup>, Philip Stastney<sup>d</sup>, Carlo Montanari<sup>a\*</sup>

<sup>a</sup> Department of Earth, Environment and Life Sciences (DISTAV), University of Genova, Corso Europa 26, 16132, Genoa, Italy

<sup>b</sup> Department of Physical Geography and Ecosystem Science, Lund University, Sölvegatan 12, S-223 62, Lund, Sweden

<sup>c</sup> Department of Geography and Environmental Science, Whiteknights, University of Reading, Reading, RG6 6AH, UK

<sup>d</sup> Museum of London Archaeology (MOLA), Mortimer Wheeler House, Mortimer Wheeler House, 46 Eagle Wharf Road, London, N1 7ED, UK

\* **Corresponding author:** Carlo Montanari ([carlo.montanari@unige.it](mailto:carlo.montanari@unige.it)). Department of Earth, Environment and Life Sciences (DISTAV), University of Genova, Corso Europa 26, 16132, Genoa, Italy

Other Authors' email: M.A. Guido ([Maria.Angela.Guido@unige.it](mailto:Maria.Angela.Guido@unige.it)); C. Molinari ([chiara.molinari@nateko.lu.se](mailto:chiara.molinari@nateko.lu.se)); V. Moneta ([monetavalentina@virgilio.it](mailto:monetavalentina@virgilio.it)); N. Branch ([n.p.branch@reading.ac.uk](mailto:n.p.branch@reading.ac.uk)); S. Black ([s.black@reading.ac.uk](mailto:s.black@reading.ac.uk)); M. Simmonds ([m.j.simmonds@reading.ac.uk](mailto:m.j.simmonds@reading.ac.uk)); P. Stastney ([pstastney@mola.org.uk](mailto:pstastney@mola.org.uk))

## Abstract

This study reconstructs the regional vegetation and climate dynamics between the upper Late Pleistocene and Holocene around Pian del Lago, a coastal mountain marshland located at 831 m asl in western Liguria (NW-Italy), based on the pollen analysis of a 13 m-long sediment core. The record provided a unique opportunity to study a poorly documented period in northern Italy and across many parts of southwestern Europe. We propose an event stratigraphy based upon the identification of seven interstadials (NAI-7 to NAI-1) spanning the upper Late Pleistocene. The correlation with other terrestrial records in Italy, and with Mediterranean marine sequences and the

Greenland ice cores, permitted a coherent reconstruction of main environmental changes from >~43,000 cal. BP. Significantly, the pollen record indicates the persistence of a mesophilous mountain vegetation cover, mainly composed of *Quercus* (deciduous and evergreen), *Abies*, *Fagus* and *Alnus* over the whole time period recorded. At the Last Glacial Maximum (LGM) and during the Late Würm Lateglacial, despite the presence of steppic vegetation composed of *Artemisia*, woodlands dominated by *Pinus*, with *Abies*, *Picea*, *Fagus*, *Alnus* and *Betula* are present. This forest composition provides an important insight into the history of *Picea* in southern Europe and Late Pleistocene refugia for mesophilous species. During the Early Holocene, *Pinus* is first replaced by *Abies* and then by deciduous *Quercus* and mixed temperate species as the dominant forest component. Both arboreal and herbaceous anthropogenic pollen indicators only make their appearance during the Late Holocene, attesting to the increasing importance of human activities .

## Keywords

North-western Italy, Late Pleistocene, Holocene, Pollen Analysis, Micro-charcoal Analysis

## 1. Introduction

During the last few decades, several palynological studies have documented the Holocene environmental dynamics of the northern Apennines, NW Italy (e.g. [Bellini et al., 2009a](#); [Bertoldi et al., 2007](#); [Branch, 2004, 2013](#); [Branch and Marini, 2013](#); [Branch and Morandi, 2015](#); [Branch et al., 2014](#); [Cruise, 1990a, 1990b](#); [Cruise and Maggi, 2000](#); [Cruise et al., 2009](#); [Guido et al., 2003, 2004a, 2009, 2013](#); [Lowe, 1992](#); [Maggi, 2000](#); [Morandi and Branch, 2018](#); [Watson, 1996](#)), including coastal areas ([Arobba et al., 2018](#); [Bellini et al., 2009b](#); [Guido et al., 2004b, 2004c](#); [Mariotti Lippi et al., 2004; 2007](#); [Montanari et al., 1998](#); [Montanari et al., 2014](#); [Piccazzo et al., 1994](#)). Very little is known about the upper Late Pleistocene (~50,000-11,700 cal. BP), however, with the majority of records only covering the Late Würm Lateglacial (~14,800-11,700 cal. BP), (e.g. [Branch 2004](#); [Branch and Morandi, 2015](#); [Lowe, 1992](#); [Lowe and Watson, 1993](#); [Vescovi et al., 2010a, 2010b](#);

Watson, 1996). The only sites with a chronology covering the whole period in NW Italy are Lago di Massaciuccoli (Menozzi et al., 2002), Berceto (Bertoldi et al., 2007) and Ivrea (Arobba et al., 1997; Gianotti et al., 2008; 2015). Additional information for this time frame has been obtained from archaeological studies (mainly coastal caves), but these sedimentary archives are generally unsuitable for regional palaeoenvironmental reconstructions (see Kaniewski et al., 2005) (Fig. 1).

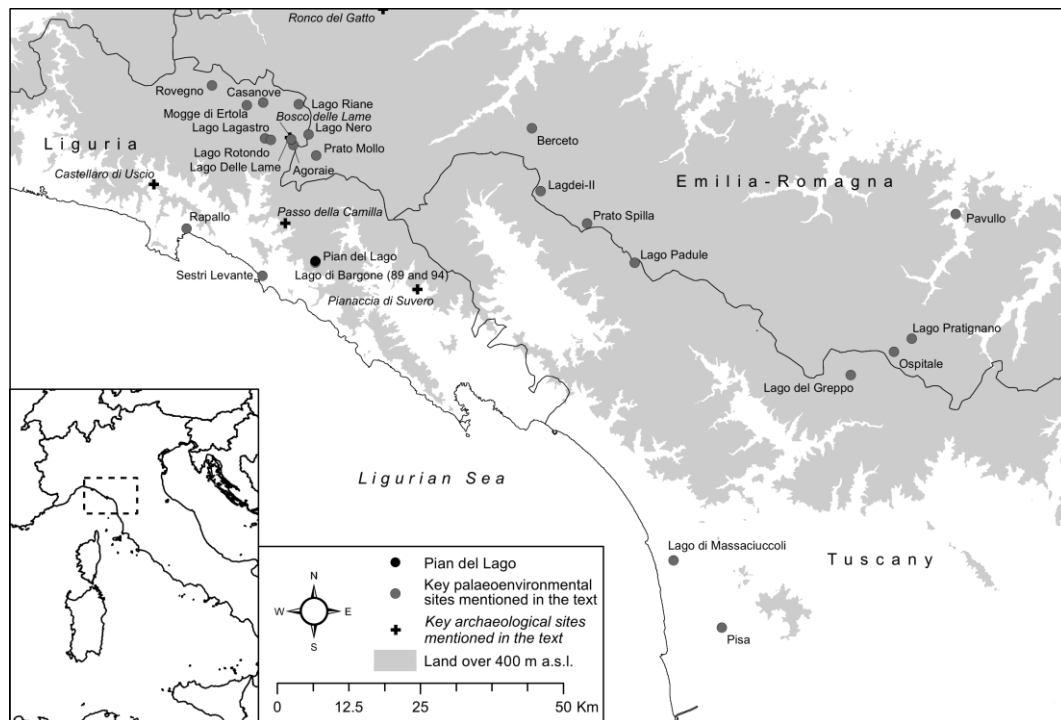


Fig. 1: Location of Pian del Lago and key Late Pleistocene and Holocene palaeoenvironmental records from the northern Apennines mentioned in the text

This new study from Pian del Lago provided a unique opportunity to fill this chrono-stratigraphic gap for NW Italy (cf. Magri, 2010; Magri et al., 2015) enabling: (1) reconstruction of the main vegetation dynamics of the area during the upper Late Pleistocene and the Holocene (~43,000-8000 cal. BP); (2) significantly improved understanding of the response of the northern Apennines to known periods of abrupt climate change towards the end of the last glaciation; (3) greater appreciation of the environmental and climatic setting for major developments in the human history of southwestern Europe and the Mediterranean.

## 85    **2. Geographical and environmental setting**

86    Pian del Lago is located near the village of Bargone, Casarza Ligure (Genova), Western Liguria,  
87    north-western Italy, at around 830 m a.s.l. and less than 3 km away from the coast (Fig.1 and Fig.2).  
88    The watershed ridge, marking the boundary of the catchment, reaches fairly high altitudes,  
89    considering the proximity of the sea: M. Roccagrande (971 m) and M. Tregin (870 m) on the  
90    western side, M. Alpe (1093 m), M. Zenone (1055 m) and M. Pu (1001 m) on the eastern side.  
91    These mountains are mainly of ophiolitic nature, but there are also sediments (e.g. jasper with  
92    manganese) that covered the submarine effusions. This explains the presence, since prehistoric  
93    times, of copper, iron and manganese mines in the surrounding area.

94  
95    The climate of the area is sub-Mediterranean. Data from Castiglione Chiavarese weather station  
96    (300 m a.s.l.) indicate a mean annual temperature of 13°-14°C, with a maximum in summer (mean  
97    above 22°C) and a minimum in winter (6-8 °C). The mean annual precipitation is 1300 mm, while  
98    the average monthly rainfall distribution shows a maximum in November (160 mm) and a  
99    minimum in July (less than 50 mm). Before specific palaeoenvironmental studies were made, the  
100    origin of the swamp was attributed to periglacial phenomena, which would be consistent with other  
101    northern Apennines wetlands (cf. [Cruise, 1990a](#)). [Faccini et al. \(2009\)](#) have instead recognized  
102    deep-seated gravitational slope deformations (DSGSD), which is a geomorphological feature  
103    characterising other Ligurian landscapes. The palaeoenvironmental research presented here  
104    confirms that this phenomenon is older than ~43,000 years.

105  
106    The wetland contains lacustrine sediments, with thickness varying from a few metres to about 13.30  
107    m. Despite to the altitude and proximity to the coast that cause a relatively mild humid climate, this  
108    is a mountain site comparable to other upland wetlands studied by pollen analysis in the massif of  
109    M. Beigua, western Ligurian coast ([Guido et al., 2004a](#)). The area surrounding the plateau is mainly  
110    treeless, except for the local reforestation with *Pinus nigra*. At slightly lower elevations meso-

111 thermophilic deciduous forests of *Quercus cerris* L. (Turkey-oak), *Q. pubescens* Willd. (white oak),  
112 *Q. ilex* L. (holm oak), *Ostrya carpinifolia* Scop. (hop-hornbeam) and abandoned orchards of  
113 *Castanea sativa* Miller (sweet chestnut) are widespread. Presently, the area is included in the  
114 European ecological network Natura 2000, designed to protect the most endangered habitats and  
115 species, and it belongs to the Site of Community Interest (SIC IT1342806 M. Verruga - M. Zenone  
116 – M. Roccagrande - M. Pu).



117  
118 Fig. 2: Photographs of Pian del Lago during the field investigations  
119 (top – west facing; bottom – east facing) (in color online)  
120

121 The plateau hosting the small wetland is partially occupied by grassland, formerly a pastureland,  
122 which is more and more invaded by a post-cultural scrubland dominated by *Buxus sempervirens* L.  
123 and heathland with *Calluna vulgaris* (L.) Hull, *Erica carnea* L., *E. arborea* L., *Pteridium aquilinum*  
124 (L.) Kuhn etc. The mire includes hygro-hydrophilous vegetation, i.e. sedges populations (*Carex* cfr.  
125 *caespitosa* L., *C. distans* L., *C. flava* L., *C. pallescens* L., *C. panicea* L., *C. stellulata* Good., *C.*



126 *tumidicarpa* Anderss.), stands of bulrushes (*Juncus articulatus* L., *J. effusus* L., *J. fontanesii* J. Gay,  
127 *J. tenageja* Ehrh.), *Typha latifolia* L. and *Molinia caerulea* (L.) Moench (Fig. 2).

128

### 129 3. Field and laboratory methods

130 One of the several cores sampled during the field campaign was studied for bio-stratigraphical  
131 analyses. This core (S1) is 1330 cm long and 10 cm in diameter and was recovered using a rotary  
132 drilling rig. Sub-samples for pollen and microcharcoal analysis were extracted every 5 or 10 cm,  
133 although sub-sampling was occasionally impossible due to the presence of stones or coarse  
134 sediment. In total, 100 levels have provided statistically valid pollen counts. Approximately 2 cm<sup>3</sup>  
135 of sediment were processed according to standard palynological treatments (Moore et al., 1991).  
136 With only some exceptions, a minimum of 300 pollen grains were counted (aquatic and spore taxa  
137 were excluded from the pollen sum). Pollen identification was completed to the lowest taxonomic  
138 level possible using reference materials and pollen atlases held at the University of Genoa (Punt,  
139 1976; Punt and Blackmore, 1991; Punt and Clarke, 1980, 1981, 1984; Punt et al., 1988, 1995;  
140 Reille, 1992-1998). Pollen percentages and microcharcoal influx (particles cm<sup>-2</sup> yr<sup>-1</sup>) were  
141 calculated, and the results plotted using TILIA and TILIA.GRAPH version 2.1.1 (Grimm, 1993).  
142 Local pollen-assemblage zones (LPAZs) were identified using stratigraphically constrained cluster  
143 analysis (Grimm, 1987).

144

145 Chronological control for the sequence was provided by a Bayesian age-depth model based on 10  
146 conventional AMS <sup>14</sup>C dating (Stuiver and Polach, 1977) and on 3 Uranium series dates (Table 1).  
147 The AMS <sup>14</sup>C samples were dated at CEDAD, University of Salento (Italy). All radiocarbon  
148 samples were prepared using standard acid-alkali-acid pre-treatment and were quoted in accordance  
149 with international standards (Stuiver and Kra, 1986). The radiocarbon ages were calibrated to the  
150 calendar timescale and a Bayesian age-depth model was generated using the R package (R Core  
151 Team, 2016) Bacon v.2.3.4 (Blaauw and Christen, 2011) and the IntCal13 radiocarbon calibration



curve (Reimer et al., 2013). The Bacon software package creates flexible age-depth models utilising an autoregressive gamma process and is typically robust to the presence of outlying dates since these are modelled using a student-t distribution with wide tails (Christen and Pérez, 2009). 95% confidence intervals and weighted mean age estimates at 1 cm intervals along the core were generated through several million Markov chain Monte Carlo iterations (Blaauw and Christen, 2011).

Lab code (dates marked * excluded from age model)	Depth (cm)	Material	$\delta^{13}\text{C}$ (‰)	$^{14}\text{C}$ age (BP)	U/Th age (BP)	Calibrated age range cal BP (95.4% confidence)
LTL3092A	100	Clay	-27.0	534 $\pm$ 45		650-500
LTL4200A	180	Peat	-27.5	3483 $\pm$ 50		3890-3630
LTL4201A	290	Peat	-25.3	8892 $\pm$ 60		10,200-9770
LTL4202A	380	Silty clay	-28.1	9625 $\pm$ 75		11,200- 10,740
U-series1	400	Diatomite			13,840 $\pm$ 750	14,220- 13,200
U-series2	432	Diatomite			21,260 $\pm$ 320	21,580- 20,930
U-series3	464	Diatomite			21,550 $\pm$ 370	21,920- 21,170
LTL12573A	471	Clay	-29.0	29,917 $\pm$ 150		34,310- 33,710
*LTL4365A	529	Clay	-27.1	32,755 $\pm$ 300		37,900- 36,060
*LTL4203B	530	Clay	-26.5	33,081 $\pm$ 280		38,220- 36,420
*LTL4203A	530	Clay	-26.3	34,214 $\pm$ 500		40,000- 37,320
LTL4204A	730	Sandy clay	-30.1	29,687 $\pm$ 170		35,430- 34,860
LTL3093A	960	Clay	-32.0	31,122 $\pm$ 300		36,030- 34,760
LTL12574A	1110	Clay	-29.9	31,458 $\pm$ 200		35,840- 34,860
LTL1536A	1281	Peat	-35.5	40,844 $\pm$ 650		45,560- 43,240

Table 1. Results of the radiocarbon and U-series dating

162 U-Series dating of amorphous opal silica is well established (Ivanovich and Harmon 1992;  
163 Neymark and Paces, 2000; Neymark et al., 2000, 2002). For minerals precipitated from aqueous  
164 solutions, U-series dating can provide precise chronologies if samples have high U/Th ratios and  
165 have remained closed to post-depositional mobility of U-series nuclides (e.g., Ludwig and Paces,  
166 2002; Neymark and Paces, 2013). Three samples from diatom-rich units were analysed by XRD to  
167 quantify the mineralogy prior to age determinations (Sprynskyy et al., 2010; Table 2). Most of the  
168 samples are composed of amorphous opal silica (27-67%) and quartz (17-42%) with vermiculite,  
169 nimite and clinochrysotile, which are the weathering products of iron-rich, nickel-rich and hydrous  
170 phases from Serpentinite bedrock, respectively making up the remainder. As a result of the  
171 composition, the sub-samples were separated by density with fractions  $< 2.1 \text{ g/cm}^3$ ,  $< 2.3 \text{ g/cm}^3$  and  
172 a heavy fraction  $> 2.8 \text{ g/cm}^3$  together with a whole sample to create isochrons from the sub-  
173 fractions for analysis by mass spectrometry and gamma spectroscopy. For the gamma spectroscopy,  
174 samples and fractions were counted on a Harwell Instruments, Broad Energy BE5030 high purity  
175 germanium coaxial photon detector at the University of Reading (UK). External reproducibility was  
176 checked using international standards (Yokoyama and Nguyen, 1980). For the mass spectrometry,  
177 multiple, small sub-samples (100-500 mg) were extracted from the diatom-rich units and sub-  
178 fractions for determination of the  $^{234}\text{U}/^{238}\text{U}$ ,  $^{235}\text{U}/^{238}\text{U}$  and  $^{230}\text{Th}/^{232}\text{Th}$  ratios by means of a Thermo-  
179 fisher iCAPQ Inductively Coupled Plasma Mass Spectrometer. External reproducibility was  
180 checked using international standards (NIST SRM 3164, 4355 and 4357) and by monitoring the  
181 (235/238) ratios in the samples to be within the naturally abundant ratio (137.5). U/Th  
182 concentrations were also determined via mass spectrometry using the same instrument. Age  
183 determinations were calculating following the methodology of Ludwig and Paces (2002). Isochrons  
184 were constructed for samples to check the integrity of the ages and correlated errors were reduced  
185 by calculating isochron ages in Isoplot v4.15 (Ludwig, 2008) and IsoplotR (Vermeesch, 2018).

186

187

	Diatomite	Sediment fraction			Serpentine alteration products		
Sample Depth (cm)	Diatomite (opal silica)	Quartz	Albite (low)	Muscovite	Vermiculite	Clinochrysotile	Nimite
400-401	26.8	42.0	4.3	1.3	16.5	5.4	3.7
432-433	56.7	23.0	2.1	1.0	10.8	3.7	2.7
464-465	67.0	16.9	1.8	0.9	8.8	2.8	2.0

Table 2: Proportions (%) of minerals present in samples analysed for U-Series dating

## 4. Results

### 4.1 Sedimentary History and Geochronology

The results of the U-series and AMS <sup>14</sup>C dating are provided in Table 1. Although the age modelling approach utilised by the Bacon package is generally robust to the presence of outlying dates, it was not possible to obtain a stable age model that acceptably fitted all the dates. This was taken to indicate the presence of spurious dates in the sequence probably due to the re-deposition of older organics within the basin given the lithological evidence for erosion events in parts of the record (i.e. ingress of coarse sediments and boulders into the basin). LTL4365A, LTL4203A and LTL4203B, which were identified as potential outliers by initial models, were therefore considered to be erroneously old and excluded from subsequent analysis. The resulting age depth plot is presented in Fig. 3.

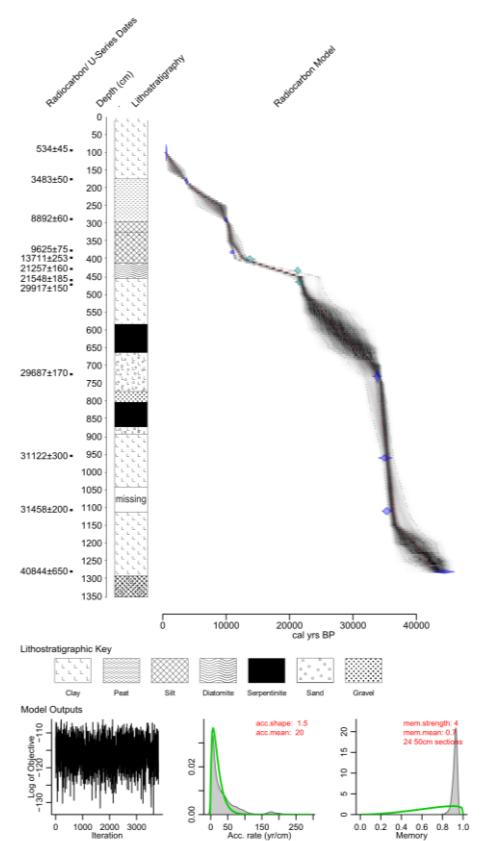


Fig. 3: Lithostratigraphy and age-depth model of Pian del Lago, Northern Apennines, Italy (in color online)

The age model indicates a highly variable accumulation rate at Pian del Lago over the past ~40,000 years, ranging from less than 10 yr cm<sup>-1</sup> (during ~36,580-33,850 cal. BP at 1099-750 cm) to over 180 yr cm<sup>-1</sup> (during ~21,670-12,490 cal. BP at 449-400 cm), with a mean accumulation rate of ~36 yr cm<sup>-1</sup>. The average 95% confidence level was 3300 years, but uncertainties vary considerably throughout the sequence, ranging from only 218 years at the top of the sequence, to a maximum of 7671 years at 600 cm.

A simplified lithostratigraphy for Pian del Lago (core S1) is presented in Table 3. A predominately organic silt/clay with gravel (> ~43,490 cal. BP) is overlain by clay and sandy clay deposition from > ~43,490 to ~34,790 cal. BP. This was followed by the erosion and deposition of Serpentinite and then gravel (~34,790 to ~34,020 cal. BP), indicating significant destabilisation of slopes surrounding the basin. A further period of Serpentinite deposition occurs from ~30,750-26,880 cal. BP overlying a unit of sandy clay (~34,020-30,750 cal. BP). Thereafter, mineral rich fine-grained sediments are deposited from ~26,880 to ~9970 cal. BP (clay and silt), interrupted only by the formation of diatomite between ~21,850-14,360 cal. BP. Diatomite formation at Pian del Lago may be attributed to successive algal blooms associated with the influx of freshwater into the basin, possibly enriched with minerals due to weathering of surrounding rocks. Although clay and silt deposition persisted into the Early Holocene, suggesting the presence of an unstable land surface surrounding the basin, from ~9970 to 3205 cal. BP peat formation occurred, indicating increased organic sedimentation and improved stability. From ~3205 cal. BP to the present day renewed clay deposition may be strongly associated with a reduction in woodland cover and human impact on the local environment.

Depth (cm)	Lithostratigraphy (Unit)	Modelled Age Range (cal. BP)
170-0	Clay	~3205-<565
290-170	Peat	~9970-3205
320-290	Silt	~10,640-9970
410-320	Silty clay	~14,360-10,640
450-410	Diatomite	~21,850-14,360
580-450	Clay	~26,880-21,850
660-580	Serpentinite rock	~30,750-26,880
770-660	Sandy clay	~34,020-30,750
800-770	Gravel	~34,260-34,020
870-800	Serpentinite rock	~34,790-34,260
890-870	Sandy clay	~34,940-34,790
1040-890	Clay	~36,090-34,940
1110-1040	Missing	~36,715-36,090
1290-1110	Clay	> ~43,490-36,715
1350-1290	Organic (peat) silt, clay and gravel	> ~43,490

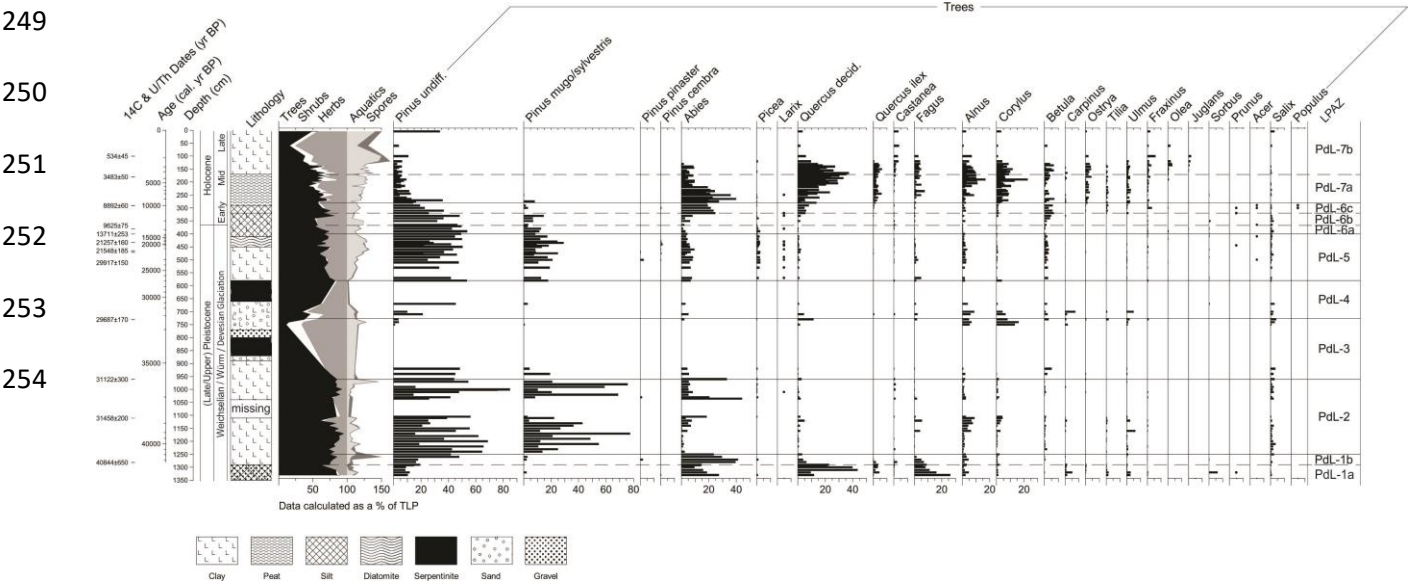
238

239 Table 3: Simplified lithostratigraphy for Pian del Lago (core S1)

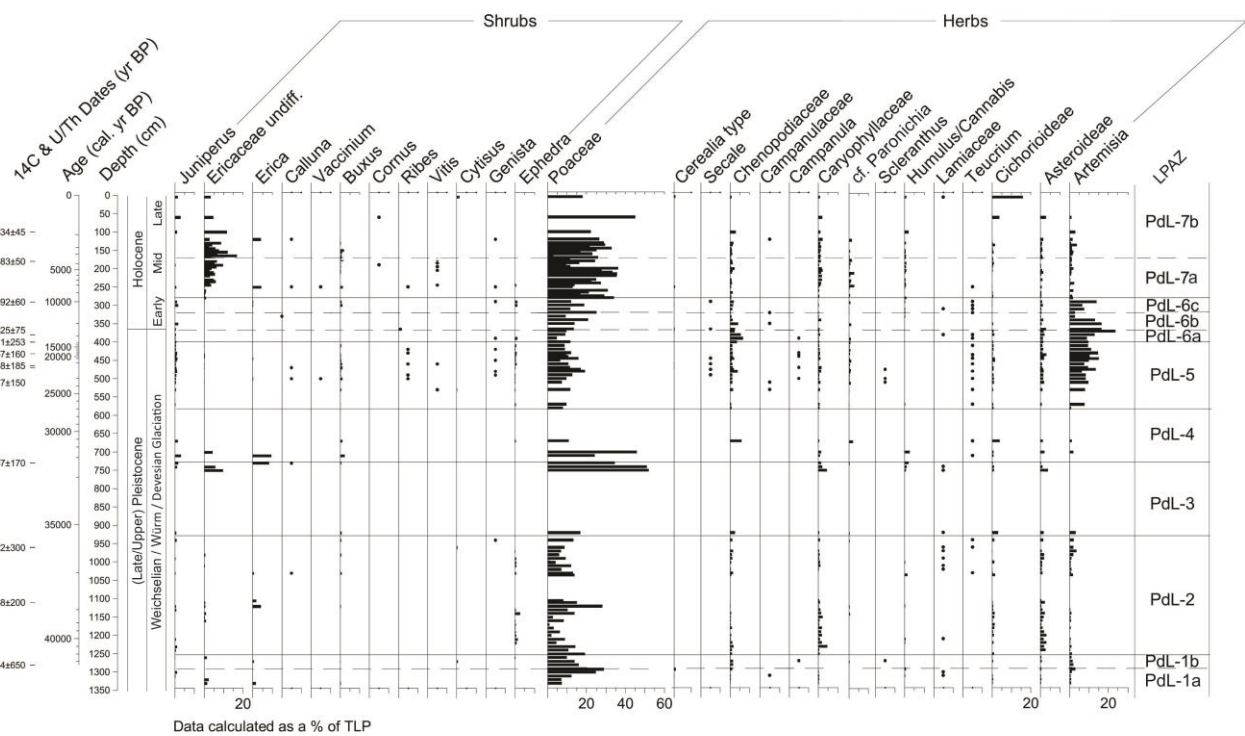
240

241 4.2 Vegetation History

242 During LPAZ PdL-1a (> ~43,400 cal. BP; 1330-1290 cm), woodlands are dominated by *Abies*  
243 (17%) and *Fagus* (13.5%) (Fig. 4a,b,c,d). These were succeeded by *Pinus* (11%) and deciduous  
244 *Quercus* (25%) (Figure 4). Through the zone *Quercus ilex* (2.4%), *Alnus* (2.3%), *Carpinus* (1.9%),  
245 *Ulmus* (1.2%), *Sorbus* (1.2%), *Tilia* (1%) and Ericaceae (1%) form mixed forests. The local wetland  
246 is colonized by Poaceae (16%) and Cyperaceae (5%), forming a sedge-grass swamp. Microcharcoal  
247 values (~1500 fragments cm<sup>-2</sup> yr<sup>-1</sup>) are not very high compared to the long-term mean, suggesting  
248 that during this period fire is not a very important disturbance factor.

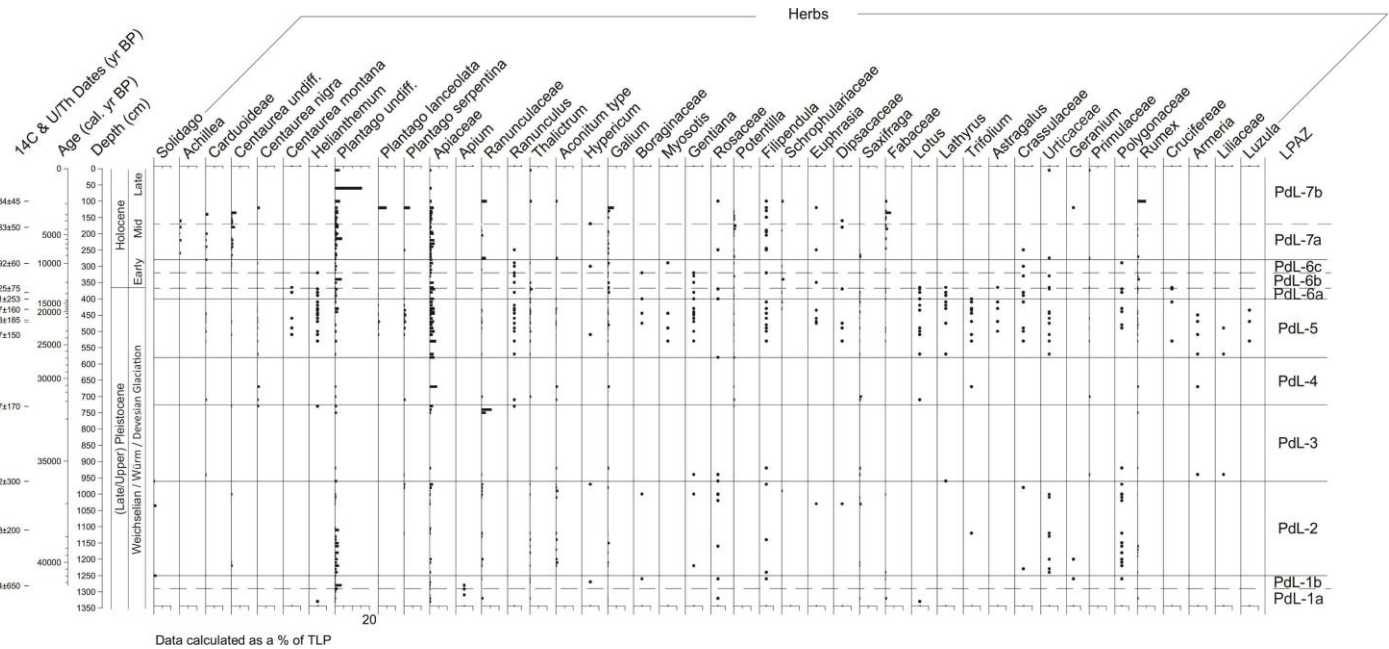


255 Fig. 4a. Pollen diagram from Pian del Lago, Northern Apennines, Italy: tree taxa  
 256



257

258 Fig. 4b. Pollen diagram from Pian del Lago: shrubs and herbs  
 259



269

270 Fig.4c. Pollen diagram from Pian del Lago: herbs (continued)  
 271  
 272  
 273



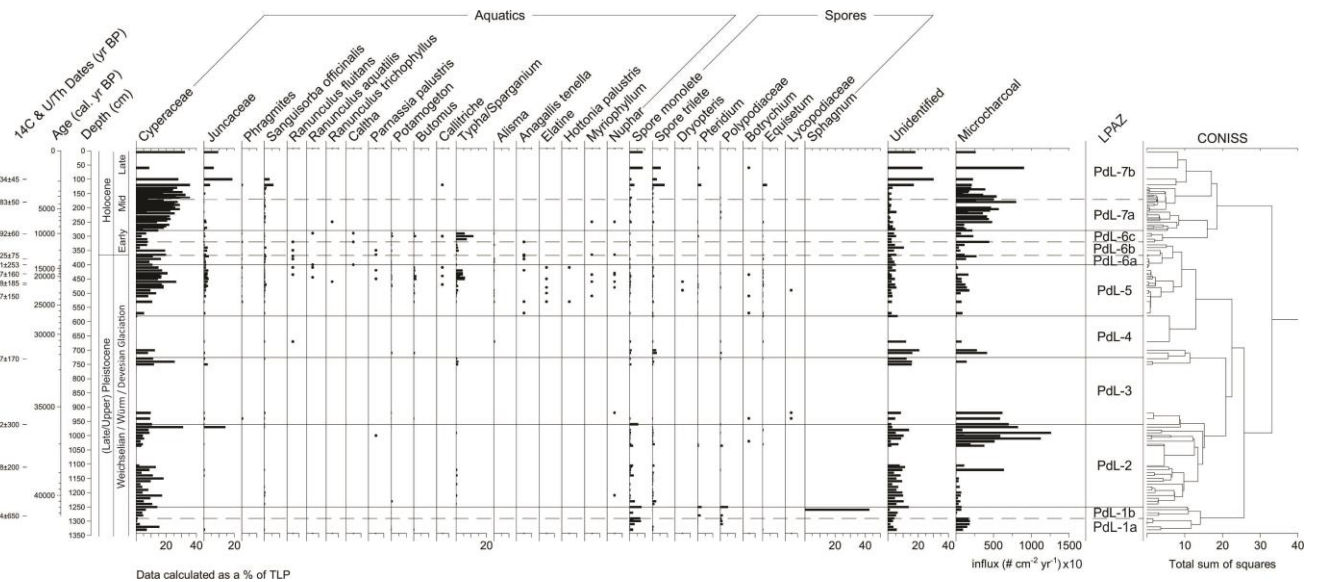


Fig.4d. Pollen diagram from Pian del Lago: aquatics, spores, microcharcoal

LPAZ PdL-1b (> ~43,400-41,940 cal. BP; 1290-1250 cm) is characterized by the expansion of coniferous woodlands dominated by *Abies* (31%) and *Pinus* (26%), and a decline of mesophilous broadleaved woodlands recorded in PdL-1a (deciduous *Quercus* 8%, *Fagus* 5.5%). High presence of Poaceae (15%) and Cyperaceae (4%) indicate the persistence of grass-sedge swamp, fringed by *Alnus* (3%), whilst the surprisingly high value of *Sphagnum* spores (43%) suggests the deposition of moss-rich organic sediment. During this phase microcharcoal values are very low (~200 fragments  $\text{cm}^{-2} \text{yr}^{-1}$ ), indicating little influence of fire on ecosystem dynamics.

During LPAZ PdL-2 (~41,940-35,470 cal. BP; 1250-960 cm), *Pinus* (including *mugo/sylvestris*) is dominant (69%) together with *Abies* (7% but with a peak >40%), as well as a diverse mixture of woodland and shrubland species comprising *Corylus* (1%), deciduous *Quercus* (0.7%), *Fagus* (0.6%), *Castanea* (0.6%), *Ulmus* (0.5%), Ericaceae (0.4%) and *Ephedra* (0.3%). *Alnus* (2.5%) and *Salix* (1.3%), together with Cyperaceae and Poaceae dominate the wetlands. Asteroideae, Caryophyllaceae, *Plantago*, *Artemisia*, Chenopodiaceae, Cichorioideae, Ranunculaceae, Apiaceae, Polygonaceae and *Solidago* are present. Microcharcoal values are low (~300 fragments  $\text{cm}^{-2} \text{yr}^{-1}$ ) at the beginning and then increase, reaching a maximum value (>12,500 fragments  $\text{cm}^{-2} \text{yr}^{-1}$ ) during



300 the last part of this phase suggesting an important role of fire in shaping vegetation structure and  
301 composition.

302

303 During LPAZ PdL-3 (~35,470-33,250 cal. BP; 960-725 cm) there is an overall reduction in *Pinus*  
304 (~28%) and *Abies* (7.5%). Deciduous woodlands with *Corylus* (6.5%), *Alnus* (between 35% and  
305 5%), *Quercus* (2.6%), *Salix* (2.5%), *Betula* (1.7%), *Ulmus* (0.6%), *Carpinus* (0.45%), *Fagus*  
306 (0.35%) and *Tilia* (0.30%) are present. The overall reduction in woodland cover is indicated by the  
307 increased proportion of shrubland (mainly Ericaceae, 4%) and herbaceous (66%) taxa. Poaceae  
308 (almost 30%) significantly increase during the zone together with a diverse range of taxa including  
309 Caryophyllaceae, Ranunculaceae, Asteroideae, *Artemisia* and Cichorioideae. The wetland continues  
310 to be dominated by Cyperaceae (13%), together with *Typha* (0.5%). The zone has some samples  
311 with a very low pollen concentration (< 6000 grains/gram) with poor pollen preservation, and  
312 therefore there are concerns over the reliability of these data. Microcharcoal values remain quite  
313 high but decrease with respect to the last part of the previous phase, with values ~3400 fragments  
314 cm<sup>-2</sup> yr<sup>-1</sup>.

315

316 LPAZ PdL-4 (~33,250-26,880 cal. BP; 725-580 cm) records an expansion of *Pinus* woodland  
317 (26%, including *Pinus mugo/sylvestris*) with a diverse range of other woody taxa, including *Alnus*  
318 (6%), *Corylus* (4%), *Carpinus* (3%), *Abies* (2.6%), *Salix* (2.1%), deciduous *Quercus* (1.7%), *Ulmus*  
319 (1.6%), *Betula* (1.5%) and *Fagus* (1.1%), as well as Ericaceae (4.6%), *Juniperus* (1.4%) and *Buxus*  
320 (1.1%). Nevertheless, herbaceous taxa reach 57% of the pollen values and are dominated by  
321 Poaceae (27%), as well as Chenopodiaceae (2%), Cichorioideae (1.7%), Apiaceae (1.4%),  
322 Asteroideae (1%) and *Artemisia* (1%). Once again, the wetland is dominated by Cyperaceae (7%).  
323 Microcharcoal influxes continue to decrease (values ~2500 fragments cm<sup>-2</sup> yr<sup>-1</sup>).

324

325 LPAZ PdL-5 (~26,880-12,480 cal. BP; 580-400 cm) is characterized by the highest number of *taxa*  
326 (up to 55 TLP). *Pinus* (54%, including *Pinus mugo/sylvestris*) remains dominant, together with  
327 *Abies* (5.7%), *Betula* (1.9%), *Alnus* (1.7%), *Picea* (1.6%), *Fagus* (1%), *Salix* (0.7%) and deciduous  
328 *Quercus* (0.7%). Shrub taxa include *Juniperus* (0.5%), *Buxus* (0.4%) and *Ephedra* (0.23%). Despite  
329 the formation of diatomite in the upper part of the zone, the woodland cover remains broadly  
330 similar throughout. *Artemisia* values are notably higher than in previous zones (9%) and dominate  
331 the herbaceous layer together with Poaceae (11%) and small amounts of Apiaceae (2%),  
332 Chenopodiaceae (1.3%) and Asteroideae (1.2%). The wetland includes Cyperaceae, Juncaceae,  
333 *Typha*, *Sanguisorba officinalis*, *Phragmites*, *Butomus*, *Myriophyllum*, *Equisetum* and *Callitriche*.  
334 Microcharcoal values are characterised by a rapid decline during this phase (~600 fragments cm<sup>-2</sup>  
335 yr<sup>-1</sup>).

336  
337 During LPAZ PdL-6a (~12,480-11,600 cal. BP; 400-367 cm) *Pinus* (56%, including *Pinus*  
338 *mugo/sylvestris*) dominates, while *Abies* temporarily withdraws (2%) and *Picea* (1%) starts to  
339 decline. Deciduous woodlands are mainly composed of *Salix* (1%), *Alnus* (0.8%), *Betula* (0.4%)  
340 and *Fraxinus* (0.35%). Shrub taxa include *Ephedra* (0.4%) and *Juniperus* (0.3%). The herbaceous  
341 layer is dominated by *Artemisia* (14%), together with Poaceae (9%), Chenopodiaceae (4.5%),  
342 Apiaceae (1.7%) and Asteroideae (1.5%). On the wetland, Cyperaceae (12%) and Juncaceae (1.6%)  
343 are the main taxa. Microcharcoal values (~1000 fragments cm<sup>-2</sup> yr<sup>-1</sup>) increase during this period  
344 with respect to the previous phase.

345  
346 LPAZ PdL-6b (~11,600-10,760 cal. BP; 367-330 cm) is characterized by an increase in *Abies* (5%)  
347 and deciduous *Quercus* (1%), concomitant with the beginning of the *Pinus* decline (48%, including  
348 *Pinus mugo/sylvestris*). *Betula* (3%), *Picea* (0.4%), *Castanea* (0.35%), *Fraxinus* (0.3%), and  
349 *Juniperus* (1.5%) are also present. The most notable change in the herbaceous taxa is the decline in  
350 *Artemisia* (12%), Chenopodiaceae (2%) and Asteroideae (1.2%), although there is still a diverse

range of taxa including Poaceae (14%), *Plantago* (1.3%) and Apiaceae (1%). The wetland includes *Salix* (1.4%) and *Alnus* (1%), with Cyperaceae (12%), Juncaceae (1.5%) and *Typha* (1%). During this phase microcharcoal values ( $\sim 800$  fragments  $\text{cm}^{-2} \text{yr}^{-1}$ ) are characterised by a decline.

LPAZ PdL-6c ( $\sim 10,760$ -9550 cal. BP; 330-280 cm) is dominated by *Pinus* (27%, including *Pinus mugo/sylvestris*), *Abies* (22%) and deciduous *Quercus* (6%), together with *Betula* (5%), *Corylus* (1.3%), *Fraxinus* (1%) and *Tilia* (0.9%). *Juniperus* (0.8%), *Ephedra* (0.65%) and *Buxus* (0.5%) also occur. The herbaceous layer is mainly composed of Poaceae (17%), *Artemisia* (7.5%), Chenopodiaceae (1.2%) and Apiaceae (1.2%). On the wetland, *Alnus* (1.4%), *Salix* (0.4%), Cyperaceae (6.3%) and *Typha* (6%) are present. Microcharcoal values ( $\sim 1800$  fragments  $\text{cm}^{-2} \text{yr}^{-1}$ ) increase during this period with respect to the previous phase.

LPAZ PdL-7 ( $\sim 9550$  cal. BP to the present day; 290-0 cm) spans the remaining part of the Holocene. Due to detailed previous research on this part of the sequence (Cruise et al., 2009), the pollen stratigraphical changes have simply been divided into two major sub-zones to aid description and brief discussion of the main vegetation changes: LPAZ PdL-7a ( $\sim 9550$ -3765 cal. BP) and 7b ( $\sim 3765$ -0 cal. BP).

LPAZ PdL-7a ( $\sim 9550$ -3205 cal. BP, 290-170 cm): Before  $\sim 6000$  cal. BP *Abies* (24%) replaced *Pinus* (12%) as the dominant tree, and deciduous *Quercus* (11%), *Corylus* (6%), *Alnus* (3%), *Betula* (1.6%), *Ulmus* (1.2%), *Ostrya* (1.2%) and *Tilia* (0.7%) form a mixed temperate woodland, possibly with *Quercus ilex* (2.5%) and *Fagus* (1.7%), respectively at lower and higher altitudes. *Vitis* becomes more frequent. Ericaceae (2.4%) spread and occupy dry and poor soils. Amongst the herbs, Poaceae significantly increase from this zone onwards makes up most of the herbaceous pollen, along with Cyperaceae. *Artemisia* has a clear and definitive decline resulting in a higher diversity of other herbaceous taxa typical of more mesic grasslands (e.g. Caryophyllaceae,

377 Chenopodiaceae, Fabaceae, Apiaceae, *Sanguisorba officinalis*, *Potentilla*, *Filipendula*, *Plantago*,  
378 *Centaurea*, *Cirsium* and *Achillea*). The increasing abundance of microcharcoal ( $\sim 2400$  fragments  
379  $\text{cm}^{-2} \text{yr}^{-1}$ ) may suggest sustained human impact on the environment (see 5.2).

380

381 LPAZ PdL-7b ( $\sim 3205-0$  cal BP, 170-0 cm): During this final part of the sequence *Abies* values drop  
382 (2.9%) and *Pinus* continues to decrease (7%). *Fagus*, *Tilia* and *Carpinus* almost disappear from the  
383 area (both 0.2%). Despite a decline in deciduous *Quercus* (16.5%), broadleaves dominate the  
384 landscape. The appearance of *Castanea* (2%), *Olea* (1%) and *Juglans* (0.4%), which are important  
385 indicators of human activity throughout the Mediterranean, testifies their cultivation. Ericaceae  
386 remain abundant (7%). After reaching minimum values, corresponding to a spread of woodland  
387 cover, Poaceae (26%) increases again and, together with Cyperaceae (26%), Juncaceae (3.5%) and  
388 *Sanguisorba officinalis* (10%) dominate the herbaceous layer, probably reflecting hydrological  
389 changes in the basin catchment. Cichorioideae, *Plantago* and *Rumex* show isolated peaks and,  
390 together with Cerealia, Caryophyllaceae and *Centaurea*, represent indicators of human activity  
391 (Behre, 1981; Branch, 2004). The peak in fern spores together with an increase in microcharcoal  
392 ( $\sim 3200$  fragments  $\text{cm}^{-2} \text{yr}^{-1}$ ) indicate an important role of fire in the vegetation succession, possibly  
393 due to periods of higher human activity. The abundance of unidentified pollen grains suggests  
394 caution in the interpretation of the upper part of the sequence.

395

## 396 5. Discussion

### 397 5.1 Upper Late Pleistocene

398 Our data from Pian del Lago indicate that the northern Apennines undoubtedly experienced periods  
399 of abrupt climatic and vegetation changes during the upper Late Pleistocene. The record is unique  
400 for this part of Italy and is one of the few terrestrial sedimentary deposits spanning the last glacial  
401 stage in southwestern Europe (see [Allen and Huntley, 2000](#); [Fletcher et al., 2010](#)). It thus permits  
402 improved understanding of the spatial and temporal patterns of vegetation succession, and the

403 possible causes of these changes. Although the radiocarbon dated pollen stratigraphy from Pian del  
 404 Lago marshland does not have the geochronological precision of other central and southern Italian  
 405 longer lake sequences, such as Lago Grande di Monticchio (Allen et al., 1999; Watts, 1985; Watts  
 406 et al., 1996a,b) and Valle di Castiglione (Follieri et al., 1988), it does permit a broad correlation  
 407 with these records, as well as with Mediterranean marine sequences (Cacho et al., 2001) and the  
 408 Greenland ice core records (Rasmussen et al., 2014) (Fig. 5 and Fig. 6). Correlation with these  
 409 sequences is dependent upon specific pinning points, most notably the termination of the Würm  
 410 glacial stage at ~14,300 cal. BP, the onset of the Holocene at ~11,700 cal. BP, and the expansion of  
 411 pollen of woody taxa reflecting ameliorating climatic conditions (see Fletcher et al., 2010; Pini et  
 412 al., 2010; Magri et al., 2015).

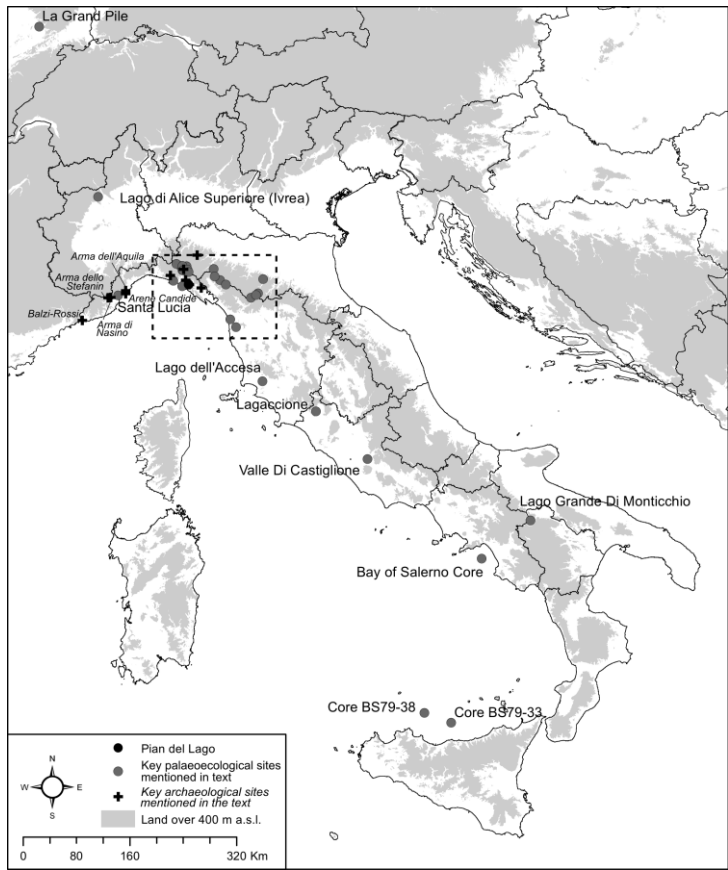


Fig. 5: Key Late Pleistocene and Holocene palaeoenvironmental and palaeoclimatic  
 records from southwestern Europe mentioned in the text

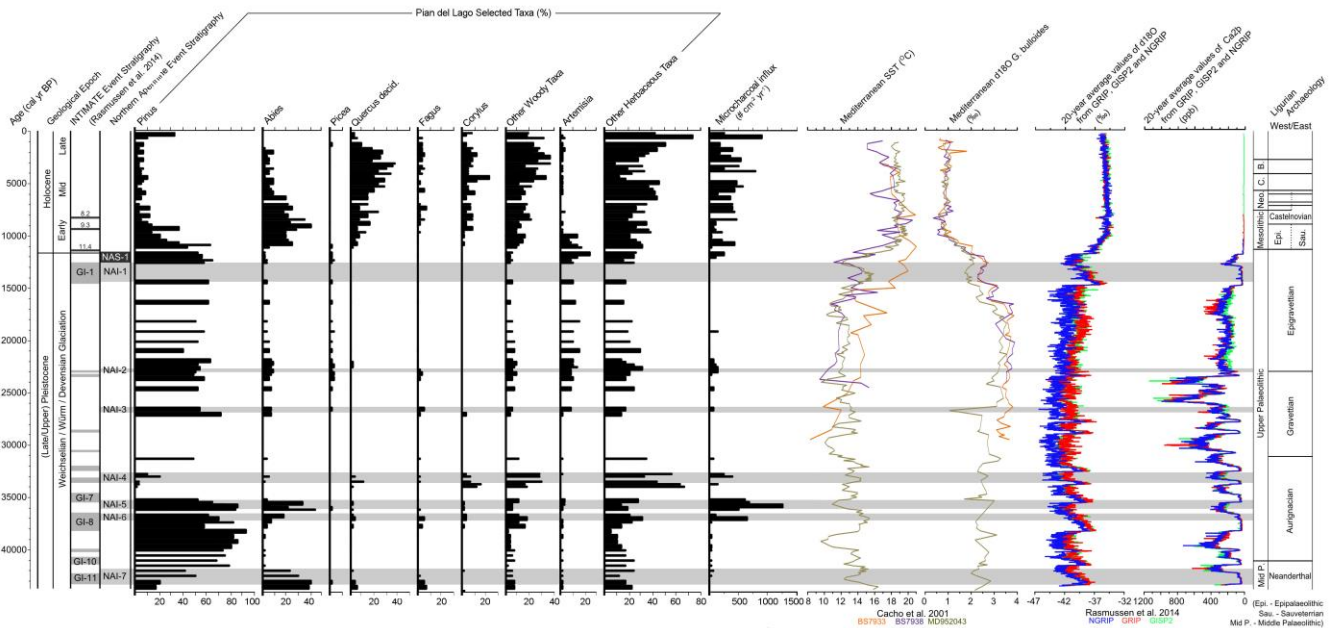


Figure 6: Selected taxa pollen diagram and event stratigraphy compared with the ice core and marine records, and INTIMATE event stratigraphy; grey bands indicate interstadial events identified in this research (in color online)

Several of the pollen-stratigraphical changes from Pian del Lago are interpreted here as vegetation responses to relatively mild climatic conditions (interstadial), in contrast to intervening colder climate phases (stadial). The biostratigraphical signature for the transition to interstadial conditions is highlighted by a seemingly ‘abrupt’ change to mesophilous woodland succeeded by the onset of cooler conditions indicated by a reduction in tree cover, poor pollen preservation and/or a major change in sedimentary deposition. Based on this assumption, we believe that they can be correlated with several of the well-recorded climatic fluctuations known as Dansgaard-Oeschger (D – O) events (Dansgaard et al., 1989; Rasmussen et al., 2014). Due to geochronological uncertainties and the poor pollen preservation of some parts of the sequence, the precise duration of each interstadial event at Pian del Lago is unclear, but it certainly appears that they varied considerably. Based on the ice core records for the D – O events, it is also acknowledged that the same climatic event may not have occurred at precisely the same time in different regional scale archives due to transmission variability in oceanic and atmospheric D-O changes (Moreno et al., 2014). For this reason, and following published protocols (Rasmussen et al., 2014), we decided to label the events recorded at

460 Pian del Lago as a Northern Apennine Interstadial (NAI) or a Northern Apennine Stadial (NAS)  
 461 with an associated number, and attempted a correlation with the Greenland ice core records (GI and  
 462 GS for interstadial and stadial, respectively), different Mediterranean marine sequences, and various  
 463 central and southern Italian lake records (Table 4; Fig. 5 and Fig. 6; see [Bosselin and Djindjian,](#)  
 464 [2002](#)).

465

Pian del Lago local pollen assemblage zone (LPAZ)	Event stratigraphy - northern Apennines	Lago Grande di Monticchio pollen zone (Allen et al., 2000)	Valle di Castiglione (Follieri et al., 1988)	INTIMATE event stratigraphy (Rasmussen et al., 2014)
PdL-6b ~11,600-10,760 cal. BP	Start of Holocene	1 11,200 – present (11,200)	Holocene	Start of Holocene
PdL-6a ~12,480-11,600 cal. BP	NAS-1 ~12,480-11,560 cal. BP	2 12,800 – 11,200 (1600)	Younger Dryas	GS-1 ~12,896-11,703 a b2k
PdL-5 ~30,380-23,655 to ~13,430-11,310 cal. BP (~26,880-12,480 cal. BP)	NAI-1 ~14,360-12,480 cal. BP	3 14,300 – 12,800 (1500)	Late Glacial Interstadial	GI-1 (1a-1e) ~14,692-13,099 a b2K
	NAI-2 ~23,030-22,800 cal. BP	4 25,900 – 14,300 (11,600)	Full Glacial	GI-2.1 ~23,020-22,900 a b2k
	NAI-3 ~26,880-26,400 cal. BP	5a 29,400 – 25,900 (3500)	Lazio VI and VII	No event
PdL-3 ~36,380-34,630 to ~34,400-31,080 cal. BP (~35,470-33,250 cal. BP)	NAI-4 ~33,860-32,650 cal. BP	6 34,900 – 31,800 (3100)		GI-6 (~33,740-33,360) and GI-5 ~32,500-32,040 (5.2) and ~30,840-30,600 (5.1) a b2k
PdL-2 ~44,740-38,310 to ~36,380-34,630 cal. BP (~41,950-35,470 cal. BP)	NAI-5 ~36,050-35,160 cal. BP	7 36,500 – 34,900 (1600)	Lazio IV	GI-7 ~35,480-34,880 a b2k
	NAI-6 ~37,130-36,650 cal. BP	8 37,600 – 36,500 (1100)		GI-8 ~38,220-36,580 a b2k
PdL-1b ~45,230-41,070 to ~44,740-38,310 cal. BP (~43,440-41,950 cal. BP)	NAI-7 ~43,440-41,950 cal. BP	11 50,000 – 42,300 (7700)	Lazio II	GI-11 ~43,340-42,240 a b2k



Table 4: Event stratigraphy for the northern Apennines

From ~43,440-41,950 cal. BP (NAI-7), the vegetation succession at Pian del Lago was characterized by the expansion of *Abies* and *Pinus*, as well as *Fagus*, *Quercus* (both deciduous and *Q. ilex*) and *Picea*. The predominance of these taxa also at Lago di Alice Superiore (Piedmont, northern Italy; Figure 5) suggests similar climatic conditions north of the Po Plain (Gianotti et al., 2015). At Valle di Castiglione (Lazio, central Italy; Figure 5), woodland mainly composed of *Picea*, *Fagus*, *Ulmus* and deciduous *Quercus* dominated during the Lazio II interstadial (Follieri et al., 1988, 1990, 1998). Similarly, at Lago Grande di Monticchio (Basilicata, southern Italy; Figure 5), the open woodland comprised *Quercus*, *Fagus* and *Abies*, with *Tilia*, *Ulmus* and *Fraxinus* (Allen et al., 2000). A marine record from the Bay of Salerno (Campania, southern Italy; Figure 5) similarly indicates this period favorable to meso-thermophilic vegetation (Russo Ermolli and Di Pasquale, 2002). The data from Pian del Lago are however quite different from several other southern European records that indicate a predominance of microtherm conifers (*Pinus*, *Picea* and *Larix*) or just a few broadleaved trees (deciduous *Quercus*, *Betula*, *Corylus*) (e.g. Peyron et al., 1996; Willis et al., 2000; Woillard, 1978). Instead the dominance of mesophilous trees at Pian del Lago, which are similar or even higher to those recorded during the Late Holocene, clearly indicate a temperate-humid climate. The record also appears to confirm the existence of a temperature gradient between northern/central (cooler) and southern (warmer) Italy based upon the presence (or absence) of *Picea* (see Allen et al., 2000; Beaudouin et al., 2005; Fletcher et al., 2010). According to Rasmussen et al. (2014), NAI-7 may be equated with Greenland Interstadial 11 (GI-11; ~43,340-42,240 a b2K; Table 4). The timing also suggests a tentative correlation with the Hengelo Interstadial of north-western Europe (Behre and van der Plicht, 1992; Helmens, 2013; Rasmussen et al., 2014; Vandenberghe and van der Plicht, 2016).

491 From ~37,130-36,650 cal. BP (NAI-6), the vegetation cover at Pian del Lago was characterized by  
492 the presence of *Corylus* and *Abies*, as well as *Pinus*, *Quercus*, *Alnus* and *Fagus*, and may be equated  
493 with Greenland Interstadial 8 (GI-8, ~38,220-36,860 a b2K; Table 4). There is no indication at Pian  
494 del Lago for the interstadial event evidenced during pollen zone 9 at Lago Grande di Monticchio  
495 and denoted by Lazio III at Valle di Castiglione (Follieri et al., 1998). Instead, NAI-6  
496 chronologically correlates with zone 8 at Lago Grande di Monticchio (characterised by steppic  
497 vegetation dominated by *Artemisia*; Allen et al., 2000). As noted above, this difference in timing for  
498 the D-O event may be due to transmission variability between different parts of southwestern  
499 Europe or alternatively chronological uncertainties within the age models.

500

501 Between ~36,050 and 35,160 cal. BP (NAI-5) the expansion of *Abies*, *Pinus*, and *Artemisia* at Pian  
502 di Lago indicates a further increase of wooded steppe vegetation, also recorded by Allen et al.  
503 (2000) at Lago Grande di Monticchio during pollen zone 7 (*Betula*, *Quercus*, *Ulmus* and *Fagus*),  
504 and by Follieri et al. (1998) during Lazio IV at Valle di Castiglione (deciduous *Quercus*, *Corylus*,  
505 *Fagus*, *Tilia*, *Ulmus* and *Carpinus*). Although the event appears to be chronologically correlated  
506 with the early stages of Greenland Interstadial 7 (GI-7, ~35,480-34,880 b2K), once again there is no  
507 clear sub-division of GI-7 based on the pollen data (GI-7a, b and c) (Table 4). The timing also  
508 suggests a tentative correlation with the Danekamp I Interstadial of north-western Europe (Behre  
509 and van der Plicht, 1992; Bosselin and Djindjian, 2002; Helmens, 2013; Rasmussen et al., 2014;  
510 Vandenberghe and van der Plicht, 2016).

511

512 During the period ~33,860-32,650 cal. BP (NAI-4) the vegetation succession at Pian di Lago was  
513 characterized by the expansion of *Corylus*, as well as *Pinus* and *Quercus*. Similarly, at Berceto  
514 (Emilia Romagna, northern Italy, Figure 1), the presence of *Pinus* and *Picea* forests support the  
515 occurrence of a warming event (Bertoldi et al., 2007). According to our findings, this may be  
516 equated with either Greenland Interstadial 6 or 5 (GI-6 and 5; ~33,740-30,600 a b2K), or possibly

517 both, with no clear stadial events (GS-6 and GS-5.2). However, this event appears to be  
518 chronologically correlated with Lago Grande di Monticchio pollen zone 6 (Table 4), a stadial event  
519 (Allen et al., 2000), which is anomalous. Tentatively, the event may be correlated with the  
520 Danekamp II / Arcy Interstadial of north-western Europe (Behre and van der Plicht, 1992; Bosselin  
521 and Djindjian, 2002).

522

523 From 35,470-33,250 cal. BP, the Pian di Lago pollen record is interrupted by the deposition of  
524 Serpentinite, suggesting major erosion in the catchment area. The chronology indicates that this  
525 event occurred between GI-7 and GI-6 and may reflect a deterioration in climate (stadial). Support  
526 for this interpretation is provided by both the marine and ice core records, and it may be equated  
527 with GS-7, a colder climatic event dated to ~34,740 a b2K (Cacho et al., 2001; Rasmussen et al.,  
528 2014).

529

530 A second major erosional event indicated by the deposition of Serpentinite occurred at Pian del  
531 Lago between ~33,220 and 26,880 cal. BP. Both the chronology and the comparison with marine  
532 and ice core records suggest that this episode may be equated with Heinrich 3 (~30,000-29,000 cal.  
533 BP) or GS-5.1 (~30,600-28,900 a b2K), or possibly GS-4 (~28,600-27,780 a b2K) and GS-3  
534 (~27,540-23,340 a b2K) (Guiot et al., 1993; Rashid and Grosjean, 2006; Rasmussen et al., 2014).

535 The increase in herbaceous taxa supports the existence of cooler conditions. The absence of clear  
536 biostratigraphical evidence for GI-4 (~28,900-28,600 a b2K) and GI-3 (~27,780-27,540 a b2K)  
537 during the zone is interesting, although the reason remains unknown (Rasmussen et al., 2014). In  
538 contrast, at Berceto, pollen zone BER-4 has been tentatively correlated with the Tursac Interstadial  
539 of north-western Europe, occurring sometime after 34,325-33,191 cal. BP (29,620 ±290 BP) and  
540 characterised by the presence of *Pinus* and *Picea* forests (Bertoldi et al., 2007).

541

During the period ~26,880-26,400 cal. BP (NAI-3) the vegetation cover at Pian del Lago is dominated by *Pinus* with *Abies*, *Betula*, *Picea*, *Fagus* and deciduous *Quercus*. This diverse range of taxa has been correlated with Lago Grande di Monticchio pollen zone 5a (Table 4; Allen et al., 2000). In agreement with the Pian del Lago sequence, this detailed record indicates an increase in woody taxa (especially *Pinus*), suggesting warmer conditions. Interestingly, this event cannot be linked with the ice core records (Rasmussen et al., 2014), but it does correlate with a major excursion in the  $\delta^{18}\text{O}$  marine record from the Mediterranean (Cacho et al., 2001) as well as with Lazio VI and VII Interstadials of central Italy (Follieri et al., 1998) (Figure 6). For this reason, NAI-3 should be regarded as a highly significant climatic event in the northern Apennines that may require revision of the ice core event stratigraphy given the clear evidence in Figure 6 for climatic amelioration at this time (see Rasmussen et al., 2014).

At Pian del Lago, the presence of high pollen values of *Artemisia*, along with many other herbaceous taxa, between ~26,400 cal. BP (~29,930-23,400 cal. BP) and ~9970 cal. BP (~10,270-9620 cal. BP) is of significance for several reasons:

(1) At ~26,400 cal. BP, it coincides with a sustained increase in *Pinus* and *Abies*. This persists until approximately ~19,040 cal. BP (~20,980-17,870 cal. BP), when *Abies* declines and there is a temporary reduction in *Pinus*. This is also concurrent with the formation of diatomite at Pian del Lago. Thereafter, *Pinus* re-expands until ~10,640 cal. BP (~11,270-10,090 cal. BP), when it is succeeded by *Abies* and *Quercus*. Throughout this period, the high presence of *Artemisia* indicates the existence of an open steppe woodland and shrubland cover, perhaps benefitting from climatic amelioration following the Last Glacial Maximum, which may have favoured soil development and the colonisation of a more diverse range of taxa. Our suggestion is supported by the ice core records, which arguably indicate a more sustained period of stable climatic conditions from ~23,340 (GI-2.2) and ~23,030 (GI-2.1) a b2K, and throughout Greenland Stadial 2.1 (GS-2.1), which spans the period 22,900-14,692 a b2K (Rasmussen et al., 2014). This overall trend is also reflected in the

568 Mediterranean marine sequences (Cacho et al., 2001). GI-2.2/GI-2.1 has been correlated with the  
569 Laugerie Interstadial of north-western Europe (~23,500-22,000 cal. BP), whilst at Berceto, Bertoldi  
570 et al. (2007) have tentatively linked the temporary expansion of *Pinus* and *Picea* at this time with  
571 the Lascaux Interstadial (~21,000-20,000 cal. BP) (Behre and van der Plicht, 1992; Bosselin and  
572 Djindjian, 2002).

573 (2) The ‘Younger Dryas’ chronozone, a stadial event conventionally placed between ~12,900 and  
574 11,700 a b2k (GS-1 starts at ~12,896 a b2K in the ice core records; Rasmussen et al., 2014), has  
575 been recorded in a number of terrestrial and marine sequences in southwestern Europe, including  
576 the northern Apennines, and is characterised by the prevalence of a colder/drier climate (e.g. Lowe,  
577 1992; Ponel and Lowe, 1992; Lowe and Watson, 1993; Lowe et al., 1994a, b; Watson, 1996; Cita et  
578 al., 1996; Watts et al., 1996a, b; Bertoldi et al., 2007; Vescovi et al., 2010a,b). The notable increase  
579 in *Artemisia* pollen values at Pian del Lago from ~12,480-11,600 cal. BP may be assigned to the  
580 ‘Younger Dryas’ (PdL-6a, NAS-1; Table 4). At Prato Spilla C (Emilia Romagna, northern Italy;  
581 Figure 5), the marked decline in *Quercus* and the expansion of a range of steppe herbs, including  
582 *Artemisia*, provides the clearest evidence for the event in the northern Apennines (Lowe, 1992),  
583 whilst it can be correlated with Lago Grande di Monticchio pollen zone 2 (Allen et al., 2000; de  
584 Beaulieu et al., 2017). The presence of an additional site in the northern Apennines with evidence  
585 for the ‘Younger Dryas’ stadial is an important confirmation of the widespread impact of this event  
586 in southwestern Europe.

587 (3) The persistence of *Artemisia* until ~9970 cal. BP is surprising, especially given the clear  
588 evidence for the expansion of those warmth loving taxa that characterise the early postglacial. This  
589 may reflect an ongoing landscape instability rather than a climate signal, which is supported by the  
590 continued deposition into the Pian del Lago basin of mineral-rich sediment rather than organic-rich  
591 sediments.

592

593 Prior to the onset of GS-1, there are records in the northern Apennines for GI-1, a pronounced  
594 interstadial lasting ~1500 years (~14,692-13,099 b2K) documented in the ice core records  
595 ([Rasmussen et al., 2014](#); Table 4). Despite the evidence for a *Pinus* dominated woodland at the  
596 beginning (~14,360 cal BP) and at the end (12,480 cal. BP) of this phase, the presence of this event  
597 at Pian del Lago is unclear. This may be attributed to either poor pollen preservation, or to a muted  
598 response to a warmer period in this part of the northern Apennines. At Prato Spilla C (from  
599 ~>14,350 cal BP), the Interstadial was characterised by the expansion of warm mixed forest  
600 including *Quercus*, *Tilia*, *Betula* and *Corylus* ([Lowe, 1992](#)), whilst at Lago Grande di Monticchio  
601 broadleaved deciduous forests with *Quercus*, *Corylus*, *Fagus*, *Ulmus*, *Tilia* and *Alnus* were present  
602 ([Allen et al., 2000](#)).

603

#### 604 5.1.1 Palaeolithic Cultural History

605 The upper Late Pleistocene vegetation history and event stratigraphy from Pian del Lago can be  
606 correlated with main cultural changes occurred in the wider region, including the Maritime Alps  
607 (western Liguria) and the northern Apennines. PdL-1a (> ~43,400 cal. BP) and PdL-1b (> ~43,400-  
608 41,940 cal. BP) can be equated with the late Middle Palaeolithic. Lithic tools (Neanderthal)  
609 attributed to the Middle Palaeolithic have been found near Pian del Lago, as well as other sites in  
610 the northern Apennines (e.g. Pianaccia di Suvero, Liguria; Ronco del Gatto, Emilia-Romagna). It is  
611 tempting to correlate NAI-7 (~43,440-41,950 cal. BP) with a phase of late Neanderthal activity at  
612 Pian del Lago, although the lack of precisely dated, well-stratified archaeology makes this  
613 association uncertain.

614

615 During the Upper Palaeolithic (~42,000-11,000 cal. BPPdL-2 to PdL-6a), the presence of six  
616 interstadials at Pian del Lago (NAI-6 to NAI-1) provides considerable potential for examining the  
617 relationships between human activity, climate variability and environmental change (see [Kaniewski](#)  
618 [et al., 2005](#); [Maggi, 2015](#)). The Aurignacian (~42,000-34,000 cal. BP in Italy; [Mussi et al., 2006](#))

619 has provided approximately 30 known sites in Italy, and only a small number of these are from the  
620 Maritime Alps and northern Apennines (e.g. Pian del Lago, Balzi Rossi sites, Ronco del Gatto;  
621 [Mussi et al., 2006](#)). The sequence at Mochi (Balzi Rossi), for example, has a stone tool assemblage  
622 indicating population movement between southern France, the Maritime Alps, northern Apennines  
623 and the Adriatic coast, and the exploitation of a range of animals. Several key radiocarbon dates  
624 spanning ~41,500-37,500 to ~38,000-35,000 cal. BP (level G) encompass both NAI-6 (~37,130-  
625 36,650 cal. BP) and NAI-5 (~36,050-35,160 cal. BP). Whether occupation was facilitated by  
626 periods of warmer (interstadial) climate remains unclear due to chronological uncertainties.  
627 Nevertheless, the pollen data from Pian del Lago provide a valuable insight into the environment  
628 occupied by earliest European Modern Humans in this part of the northern Apennines.

629  
630 During the Gravettian (~34,000-20,000 cal. BP in Italy), lithic tools have once again discovered at  
631 Pian del Lago and Ronco del Gatto, as well as at the cave of Arene Candide in the Maritime Alps  
632 ([Pettitt et al., 2015](#)). The latter has provided stratified radiocarbon dates from charcoal and human  
633 remains, e.g. an age of ~27,899-27,338 cal. BP from a human femur (known as ‘Il Principe’)  
634 spanning GS-4 (starts ~28,600 a b2k), GI-3 (starts ~27,780 a b2k) and GS-3 (starts ~27,540 a b2k)  
635 of the Greenland ice core event stratigraphy ([Rasmussen et al., 2014](#)). Whether the period of  
636 occupation is correlated with the ameliorating conditions of GI-3 is uncertain without further dating  
637 evidence. Therefore, once again the absence of enough well-stratified, precisely dated sites means  
638 that comparison with the event stratigraphy from Pian del Lago (NAI-4 ~33,860-32,650 cal. BP;  
639 NAI-3 ~26,880-26,400 cal. BP; NAI-2 ~23,030-22,800 cal. BP) is unfortunately problematic.

640  
641 The Epigravettian cultural period (~20,000-11,000 cal. BP in Italy) witnesses an important increase  
642 in evidence for human occupation in the Maritime Alps, but unfortunately there is little evidence  
643 from the northern Apennines. Charcoal records from cave sites (e.g. Arene Candide, Arma di  
644 Nasino, Arma dell' Aquila and Arma dello Stefanin; [Barker et al., 1990](#)) indicate the exploitation of



645 regional vegetation composed of *Abies* and *Pinus*. During the Lateglacial Interstadial (NAI-1,  
646 ~14,360-12,480 cal. BP, from Pian del Lago), charcoal data from Arma dello Stefanin and isotopic  
647 data from Arene Candide ([Barker et al., 1990](#)) suggest a significant climatic oscillation with an  
648 increase in mean annual temperature to 8-10 °C, and the exploitation of more thermophilous  
649 vegetation, such as *Quercus pubescens*, *Q. ilex*, *Corylus*, *Acer*, *Ulmus*, *Fagus*, *Alnus*,  
650 *Ostrya/Carpinus* and *Prunus*. Arene Candide has also provided a unique insight into Epigravettian  
651 funerary practices, which are believed to represent a social response to harsh climatic conditions  
652 during the Younger Dryas stadial (NAS-1, ~12,480-11,560 cal. BP, from Pian del Lago) ([Sparacello  
653 et al., 2018](#)). It is tempting to suggest therefore that the archaeological records indicate a response  
654 by human groups to late-glacial climatic variability both in terms of an adaptation to changing  
655 resource availability, and transformation of socio-cultural practices.

656

## 657 5.2 Holocene

658 The transition to the Early Holocene at Pian del Lago (~11,600 cal. BP, PdL-6b) is marked by the  
659 progressive expansion of mesophilous woodland dominated by *Abies* and the decline of *Pinus*,  
660 probably *P. mugo*. Broadleaved woodland, such as deciduous *Quercus*, *Alnus*, *Betula*, *Corylus* and  
661 *Fagus* are still scarce, but are gradually starting to increase. This is consistent with previous work at  
662 Pian del Lago, which indicates the main expansion of *Abies* from 12,220-10,910 (start of Bg2) to  
663 11,270-10,170 (start of Bg3) cal. BP ([Cruise 1990a, 1990b; Cruise et al., 2009](#)). At ~9970 cal. BP  
664 (290 cm), there is unequivocal evidence for a major environmental change, which may be linked to  
665 ameliorating climatic conditions of the Early Holocene. This is marked by the formation of peat and  
666 a decline of *Pinus* and *Artemisia*, and a spread of broadleaved trees, namely deciduous *Quercus*, *Q.*  
667 *ilex*, *Corylus*, *Alnus*, *Fagus*, *Ostrya*, *Tilia*, *Ulmus* and *Fraxinus*, and mesophilous conifers (*Abies*)  
668 and heathland (Ericaceae). This is partly in agreement with the findings of [Cruise et al. \(2009\)](#) who  
669 record the main period of peat initiation shortly before 9550-9090 cal. BP (from 259 cm) in core  
670 Barg94. However, the authors also record peat formation shortly after 12,220-10,910 cal. BP (from

396 cm) in core Bg89. This indicates intra-site differences in the timing of the event, which may be attributed to sub-surface topographical variability and proximity of the core to the basin edge.

The sustained evidence for burning at Pian del Lago during the Early Holocene based on microcharcoal data could be due to human activity. During the Mesolithic (~11,000-7800 cal. BP) the primary zone of human occupation was seemingly in the northern Apennines rather than the Maritime Alps (see 5.1). There is extensive indication of human activity (e.g. Pianaccia di Suvero, Passo della Camilla, Bosco delle Lame) characterised by rich artefactual assemblages, including scalene triangles, truncated and backed blades, bilateral backed points and microburins made from jasper and flint (Biagi and Maggi, 1984; Maggi, 1999; Maggi, Negrino, 2016). These sites suggest increasing exploitation at higher altitudes and principally around inter-montane basins. At Mogge di Ertola (Liguria), for example, sedimentological and pollen data suggest deforestation by burning during the Late Mesolithic (Cevasco et al., 2013). Alternatively, the increased fire frequency could be related to drier climatic conditions during the Early Holocene, and possibly periods of short-term climate change. There is no pollen evidence for the ‘9.3’ climatic event (~9350-9240 a b2K, respectively) at Pian del Lago, although there is possible evidence for the ‘11.4’ (~11,520-11,400 b2K – Pre-Boreal Oscillation) and ‘8.2’ (~8300-8140 a b2K) events; the former is marked by high percentages of *Artemisia* pollen together with *Pinus mugo*, *Juniperus* and *Betula* (c.f. Di Rita et al., 2013, 2015; de Beaulieu et al., 2017), whilst the latter is marked by a temporary decline in *Abies* woodland, which is also recorded in other parts of the northern Apennines (Branch, 2013; Cruise et al., 2009; Lowe, 1992; Watson, 1996). During the earliest part of the Holocene (~11,500-10,500 cal. BP) aridity has been used to explain the hiatus in sedimentation at several northern Apennines sites, while the expansion of *Corylus* and the temporary decline of *Abies* has been connected to higher summer temperatures and drought causing an increase in fire events (see Branch, 2013; Finsinger et al., 2006; Mercuri et al., 2011; Peyron et al., 2011).

Cruise et al. (2009) suggested that fluctuating values of *Abies* and the presence of cereal pollen at Pian del Lago between ~8450-7880 and ~8050-7550 cal. BP (start and end of Bg3b) were associated with human activity (Early Neolithic). Throughout the Middle Holocene, *Abies* values continued to vary whilst herbaceous and heathland taxa increased suggesting increasing human impact on the environment. In addition to these previously published results, the present study also underlines significant evidence for sustained burning activity in the area probably connected to the use of agro-silvo-pastoral practices during the Neolithic, Copper Age and Bronze Age (see Colombaroli et al., 2007, 2008; Tinner et al., 1999).

However, archaeological evidence for the Early Neolithic '*Impressa Ligure*' Pottery Culture (~7800-7000 cal. BP) and the Middle Neolithic Square Mouthed Pottery Culture (~7000-6300 cal. BP) is mainly confined to the Maritime Alps (e.g. Barker et al., 1990; Biagi et al., 1987; Maggi, 1990; Rowley-Conwy, 1997). Indeed, the western part of Liguria has provided the earliest records of Neolithic occupation in North-Central Italy (e.g. Arene Candide cave). The evidence suggests movement of human communities over considerable distances, including parts of the northern Apennines, to exploit clay, flint and obsidian. Subsistence practices included the cultivation of *Triticum* spp., *Hordeum* spp., *Lens culinaris* and *Vicia* (Nisbet, 2006), and animal husbandry (Rowley-Conwy, 1997). Charcoal records indicate the exploitation of *Quercus pubescens*, *Q. ilex*, *Acer*, *Fraxinus*, *Ulmus*, *Fagus*, *Pinus*, *Pistacia*, *Phillyrea*, *Olea*, *Taxus*, *Erica arborea* and *Arbutus unedo* (e.g. Nisbet, 1997). By the Late Neolithic Chassey Culture (~6300-5700 cal. BP), intensification of animal husbandry and cultivation had reduced the diversity of woodland taxa, especially deciduous trees, in the Maritime Alps and probably led to the formation of 'Mediterranean macchia' dominated by *Quercus ilex*, *Arbutus unedo*, *Erica arborea*, *Rhamnus alaternus*, *Phillyrea*, *Olea* and *Pistacia lentiscus* (Girod, 1997; Maggi and Nisbet, 1990; Nisbet, 1997).

722 Despite the considerable lower number of known Neolithic archaeological sites in the northern  
723 Apennines compared to the Maritime Alps (e.g. Pianaccia di Suvero; [Biagi et al., 1987](#); [Maggi, 1983](#)),  
724 palaeoecological results from several records (e.g. [Braggio Morucchio et al., 1989](#); [Cruise, 1990a, 1990b](#);  
725 [Branch, 2002, 2004](#), [Cruise et al., 2009](#)) have provided consistent evidence for  
726 increasing human impact on the environment (e.g. burning activities, pastoralism, cultivation),  
727 supporting our results from Pian del Lago:

- 728 a) The vegetation succession from *Abies* and *Corylus* to deciduous *Quercus*, *Q. ilex* and *Erica*  
729 *arborea* together with the presence of cereal pollen during the Early Neolithic at Sestri Levante  
730 and Rapallo (<100 m asl) ([Bellini et al., 2009b](#)).
- 731 b) The temporary reduction in *Abies* woodland during the Late Mesolithic/Early Neolithic  
732 transition (from ~8100 cal yrs BP) accompanied by evidence for burning, increase in  
733 herbaceous taxa and expansion of *Fagus* and *Corylus* woodland at Mogge di Ertola (1015 m asl)  
734 ([Guido et al., 2013](#)).
- 735 c) An increase in light loving taxa (i.e. *Fraxinus* and *Ostrya*), a slight reduction in *Ulmus*  
736 woodland, the expansion of *Fagus* woodland (~6100 cal yrs BP) and the beginning of a  
737 sustained decline in *Abies* during the Middle Neolithic and early part of the Late Neolithic at  
738 Lago Riane (1279 m asl) ([Branch, 2013](#)).
- 739 d) The decline in *Ulmus*, *Tilia* and *Fraxinus* (~7000 cal. BP), during the Middle Neolithic at Prato  
740 Spilla 'A' ([Lowe et al., 1994a, 1994b](#)).
- 741 e) The decline in *Abies* and expansion of *Fagus* from ~7000-5000 cal. BP at Lago del Greppo  
742 ([Vescovi et al. 2010a](#)).
- 743 f) The decline of *Abies* at ~6000 cal. BP at Pavullo and Lago di Massaciuccoli ([Colombaroli et al., 2007](#);  
744 [Mariotti-Lippi et al., 2007](#); [Vescovi et al., 2010b](#)).

745

746 From ~3205 cal. BP (170 cm; PdL-7b) peat formation at Pian del Lago ends and is substituted by  
747 clay deposition and possible lowering of the summer water table, which resulted in poor pollen

748 preservation. However, there is a clear anthropogenic signature in the palaeoecological record with  
749 an abundance of microcharcoal fragments indicating the use of burning activities in the area, a  
750 reduction in woodland taxa, the evidence for *Castanea*, *Juglans*, *Olea* and *Vitis* cultivations, as well  
751 as the presence of nitrophilous taxa (i.e. *Chenopodiaceae*, *Plantago* and *Rumex*) probably connected  
752 to grazing practices. These findings are consistent with those of [Cruise et al. \(2009\)](#) who also  
753 recorded a notable reduction in *Abies* and other tree taxa associated with burning. However, in  
754 contrast to the current study, these authors concluded that the charcoal evidence indicated “light,  
755 controlled burning” (p. 999) rather than woodland clearance by fire. In our opinion, this is unlikely  
756 given the significant rise in microcharcoal influx and the deposition of colluvium in the basin,  
757 suggesting a sustained period of landscape disturbance consistent with woodland clearance from the  
758 Late Bronze Age and Iron Age onwards.

759

760 This conclusion is consistent with the archaeological evidence, which clearly indicates that the  
761 pattern of human settlement and subsistence shifted from a dependence on the exploitation of  
762 lowland and coastal resources to a greater dependence on upland resources during the Copper Age  
763 (~5800-4200 cal. BP) and Bronze Age (~4200-2900 cal. BP). Sites are concentrated at altitudes  
764 between 400 m and 800 m asl (Bronze Age 'Castellari'), along watersheds and mountain hilltops  
765 (e.g. Uscio, northern Apennines) that are considered important strategic locations for access to  
766 mountain pastures (transhumant pastoralism), although artefactual remains have also been located at  
767 higher elevations. The period also witnesses the initiation of large-scale Copper Age mining ([Maggi](#)  
768 [and Pearce, 2005, 2013](#)), and the introduction of agricultural terracing during the Middle Bronze  
769 Age (~3800 cal. BP; [Maggi, 2004](#)). As noted above, there were pronounced changes in the  
770 vegetation and environment during this period, and into the Iron Age and historic periods, which  
771 have been attributed to human activities including cultivation, animal husbandry and woodland  
772 management (e.g. *Juglans*, *Castanea* and *Olea*). The impact of climate change remains uncertain,  
773 but there is an increasing body of evidence to indicate that both human activities and vegetation

774 succession were occasionally affected by abrupt events, e.g. 4200 cal. BP ([Branch, 2013; Di Rita](#)  
775 [and Magri, 2019](#)).

776

## 783 **6. Conclusions**

784 The palaeoenvironmental data presented here confirm the importance of Pian del Lago as a unique  
785 biostratigraphic archive for reconstructing the environmental history of the northern Apennines. In  
786 particular, the results of pollen analysis have made it possible to shed light on the upper Late  
787 Pleistocene and Early Holocene; periods poorly documented in this geographical area. The  
788 identification of seven interstadials from ~43,000 cal. BP to the beginning of the Holocene is of  
789 considerable significance for our understanding of vegetation response in southwestern Europe to  
790 periods of abrupt climate change. Overall, the record indicates that for much of the upper Late  
791 Pleistocene, steppic taxa (mainly *Artemisia* and *Chenopodiaceae*) with shrubland of *Juniperus*,  
792 *Salix* and *Ephedra*, typical of central and northern Europe, were less prevalent in the northern  
793 Apennines. Tree species (e.g. *Pinus*, *Abies* and *Alnus*) apparently persisted throughout the period,  
794 although it should be noted that phases of poor pollen preservation (possibly equated with stadials)  
795 may have resulted in an expansion of steppic taxa. The presence of herbaceous taxa throughout the  
796 Pian del Lago sequence nevertheless indicates that the woodland was open in structure, supporting  
797 the hypothesis advocated for greater moisture stress during this period (cf. [Allen and Huntley, 2000;](#)  
798 [Fletcher et al., 2010](#)).

799

800 As noted, the chronological uncertainties associated with the Pian del Lago sequence preclude  
801 detailed discussion of the rate and duration of the main vegetation changes. The data from Lago  
802 Grande di Monticchio indicate, however, that vegetation succession during the upper Late  
803 Pleistocene was so rapid that it may have contributed to the magnitude of environmental variations  
804 in mountain ecosystems by affecting biogeochemical cycles ([Fletcher et al., 2010](#)). If this  
805 hypothesis is correct, it would be worth testing by undertaking further multi-proxy

806 palaeoenvironmental and palaeoclimatic research at Pian del Lago (e.g. diatoms, Cladocera,  
807 Chironomids) coupled with the development of a chronology of higher precision (e.g. radiocarbon  
808 dating, U-series dating and tephrochronology).

809

810 The persistence of *Pinus*, *Picea* and *Larix* along with mesophilous taxa (i.e. *Abies*, *Quercus* decid.,  
811 *Corylus* and *Alnus*) during the Last Glacial Maximum (LGM) is noteworthy. According to [Bertoldi](#)  
812 [et al. \(2007\)](#), *Picea* was a typical species of interstadial periods in Emilia (eastern northern  
813 Apennines), whilst at Pian del Lago it sharply characterises the maximum expansion of the Würm  
814 glaciation, along with *Larix*. Today, relict formations of *Picea* near Passo del Cerreto (~60 km from  
815 the study site) and Sestaione Valley (~110 km away) can possibly be linked to its expansion in the  
816 northern Apennines (cf. [Branch and Marini, 2013](#); [Ravazzi, 2002](#)). If regional pollen transportation  
817 is excluded, the site of Pian del Lago could therefore have been an intermediate area where *Picea*  
818 was present, linking the south-western Alps and the north-western Apennines. This part of the  
819 northern Apennines can therefore be regarded as a favourable environment for the persistence -  
820 even during climatically unfavourable periods - of relatively demanding vegetation communities  
821 creating a refuge for mesophilous species, which then spread across southern Europe during the  
822 Early Holocene. Indeed there is now a growing body of palaeoenvironmental research in northern  
823 Italy and other parts of Europe indicating the presence of arboreal populations, especially conifers  
824 but also mesophilous taxa, during the climatically more hostile phases of the upper Late Pleistocene  
825 (e.g. [Drescher-Schneider et al., 2007](#); [Guiter et al., 2008](#); [Jalut et al., 2010](#); [Kaltenrieder et al., 2009](#);  
826 [Miola et al., 2003](#); [Müller et al., 2003](#); [Willis and Van Andel, 2004](#); [Willis et al., 2000](#)).

827

828 Finally, this new investigation at Pian del Lago highlights the importance of using, whenever  
829 possible, heavy-duty percussion or rotary drilling equipment to explore basins (large and small) for  
830 palaeoenvironmental research. The equipment permitted the recovery of core samples to a much



831 greater depth than the previous investigation ([Cruise et al., 2009](#)), which has provided a record of  
832 climate and environmental change that is unique to the northern Apennines.

833

834

## 835 **Acknowledgements**

836 The drilling campaign was carried out in 2005 in the frame of the Natura 2000 Network and within  
837 the EU LIFE Project “La storia dell’uomo e della natura”, funded by the Ligurian Government, with  
838 a grant from EU for the regional enhancement (FESR) (misura 2.6b del Docup Ob.2 2000/2006)  
839 lead by M. G. Mariotti. This research did not receive any specific grant from funding agencies in  
840 the public, commercial, or not-for-profit sectors. For field and laboratory help, the authors wish to  
841 thank Drs. A. De Stefanis, P. De Stefanis, C. Parola, B.I. Menozzi and R. Maggi. The authors are  
842 grateful to two anonymous reviewers who with their suggestions contributed to improve the  
843 manuscript.

844

845

## 846 **References**

847

848 Alessio, M., Allegri, L., Bella, F., Calderoni, G., Cortesi, C., Dai Pra, G., De Rita, D., Esu, D.,  
849 Follieri, M., Improta, S., Magri, D., Narcisi, B., Petrone, V., Sadori, L., 1986. *14C dating,*  
850 *geochemical features, faunistic and pollen analyses of the uppermost 10 m core from Valle di*  
851 *Castiglione (Rome, Italy)*. *Geologica Romana*, 25, 287–308 (issued 1989).

852

853 Allen, J.R.M., Brandt, U., Brauer, A., Hubbertens, H.W., Huntley, B., Keller, J., Kraml, M.,  
854 Mackensen, A., Mingram, J., Negendank, J.F.W., Nowaczyk, N.R., Oberhänsli, H., Watts, W.A.,  
855 Wulf, S., Zolitschka, B., 1999. *Rapid environmental changes in southern Europe during the last*  
856 *glacial period*. *Nature* 400, 740-743.

857

858 Allen, J.R.M., Huntley, B., 2000. *Weichselian palynological records from southern Europe:*  
859 *correlation and chronology*. Quaternary International 73/74, 111-125.

860

861 Allen, J.R.M., Watts, W.A., Huntley, B., 2000. *Weichselian palynostratigraphy palaeovegetation*  
862 *and palaeoenvironment: the record from Lago Grande di Monticchio, Southern Italy*. Quaternary  
863 International 73/74, 91-110.

864

865 Arobba, D., Calderoni, G., Caramiello, R., Carraro, F., Giardino, M., Quagliolo P., 1997.  
866 *Palynological and radiometric evidence of a last glacial-interstadial from peat sediments in the*  
867 *Ivrea morainic amphiteatre (NW-Italy)*. Geologia Insubrica 2(2), 143-148.

868

869 Arobba, D., Caramiello, R., Firpo, M., Mercalli, L., Morandi, L., Rossi, S., 2018. *New evidence on*  
870 *the earliest human presence in the urban area of Genoa (Liguria, Italy): A multi-proxy study of a*  
871 *mid-Holocene deposit at the mouth of the Bisagno river*. The Holocene 28, 1918-1935.

872

873 Barker, G., Biagi, P., Clark, G., Maggi, R., Nisbet, R. 1990. *From hunting to herding in the Val*  
874 *Pennavaira (Liguria - Northern Italy)*, in: Biagi, P., (Ed.), *The Neolithisation of the Alpine Region*.  
875 Museo Civico Di Scienze Naturali, Brescia, pp. 99-121.

876

877 Beaudouin, C. , Suc, J.-P., Acherki, N., Courtois, L., Rabineau, M., Aloïsi, J.-C., Sierro, F. J.,  
878 Oberlin, C., 2005. *Palynology of the northwestern Mediterranean shelf (Gulf of Lions): First*  
879 *vegetational record for the last climatic cycle*. Marine and Petroleum Geology 22, 845–863.

880

881 Behre, K.-E., 1981. *The interpretation of anthropogenic indicators in pollen diagrams*. Pollen et  
882 Spores 23, 225-245.

883

884 Behre, K.-E., van der Plicht, J., 1992. *Towards an absolute chronology for the last glacial period in*  
885 *Europe: radiocarbon dates from Oerel, northern Germany*. Vegetation History and Archaeobotany  
886 1, 111-117.

887

888 Bellini C., Cevasco R., Moreno D., Guido M.A., Montanari C., 2009a. *Mogge di Ertola, Aveto*  
889 *valley, Ligurian Apennines: Evidence of past cultural landscapes*, in: Krzywinski, K., O'Connell,  
890 M., Kuster, H. (Eds.), *Cultural Landscapes of Europe, Fields of Demeter, Haunts of Pan*.  
891 Aschenbeck Media, Bremen, pp. 108–109.

892

893 Bellini, C., Mariotti Lippi, M., Montanari, C., 2009b. *The Holocene landscape history of the NW*  
894 *Italian coasts*. The Holocene 19(8), 1161–1172.

895

896 Bertoldi, R., Chelli, A., Roma, R., Tellini, C., 2007. *New data from Northern Apennines (Italy)*  
897 *pollen sequences spanning the last 30,000 yrs*. Il Quaternario, Italian Journal of Quaternary  
898 Sciences 20(1), 3-20.

899

900 Biagi, P., Maggi, R., 1984. *Aspects of the Mesolithic age in Liguria*. Preistoria Alpina 19, 159-168.

901

902 Biagi, P., Maggi, R., Nibet, R., 1987. *Excavations at Arma dello Stefanin (Val Pennavaira –*  
903 *Albenga, northern Italy) 1982-1986*. Mesolithic Miscellany 8, 10-11.

904

905 Blaauw, M., Christen, J.A., 2011. *Flexible paleoclimate age-depth models using an autoregressive*  
906 *gamma process*. Bayesian Analysis 6 (3), 457-474.

907

908 Bosselin, B., Djindjian, F., 2002. *Un essai de reconstitution du climat entre 40 000 BP et 10 000 BP*  
909 *à partir des séquences polliniques de tourbières et de carottes océaniques et glaciaires à haute*  
910 *résolution*. Archeologia e Calcolatori, 13, 275-300.

911

912 Braggio Morucchio, G., Guido, M.A., Montanari, C., 1989. *Profilo palinologico e storia della*  
913 *vegetazione*. In Gentile, S., Guido, M.A., Montanari, C., Paola, G., Braggio Morucchio, G., Petrillo,  
914 M., *Ricerche geobotaniche e saggi di cartografia della vegetazione del piccolo bacino di Lago*  
915 *Riane (Liguria)*. Braun-Blanquetia (1988) 3, 17-20.

916

917 Branch, N., 2002. *L'analisi palinologica per lo studio della vegetazione e della sua gestione*. In:  
918 Campana, N. and Maggi, R. (eds.) *Archeologia in valle Lagorara*. Istituto Italiano Di Preistoria e  
919 Protostoria, Florence, pp. 339-353.

920

921 Branch, N.P., 2004. *Late Wurm Lateglacial and Holocene environmental history of the Ligurian*  
922 *Apennines, Italy*, in: Balzaretto, R., Pearce, M., Watkins, S. (Eds.), *Ligurian Landscapes: Studies in*  
923 *Archaeology, Geography and History*. Accordia Research Institute, University of London, London,  
924 pp. 7–69.

925

926 Branch, N.P., 2013. *Early-Middle Holocene vegetation history, climate change and human*  
927 *activities at Lago Riane (Ligurian Apennines, NW Italy)*. Vegetation History and Archaeobotany 22,  
928 315-334.

929

930 Branch, N.P., Marini, N.A.F., 2013. *Mid-late Holocene environmental change and human*  
931 *activities in the northern Apennines, Italy*. Quaternary International 353, 34-51.

932

933 Branch, N.P., Morandi, L., 2015. *Late Würm and Early-Middle Holocene environmental change*  
934 *and human activities in the Northern Apennines, Italy*. Il Capitale Culturale 12, 537-563.

935

936 Branch, N.P., Black, S., Maggi, R., Marini, N.A.F., 2014. *The Neolithisation of Liguria (NW Italy):*  
937 *An environmental archaeological and palaeoenvironmental perspective*. Environmental  
938 Archaeology 19, 196-213.

939

940 Cacho, I., Grinalt, J.O., Canals, M., Sbaiffi, L., Shackleton, N.J., Schönfeld, J., Zahn, R., 2001.  
941 *Variability of the western Mediterranean Sea surface temperatura during the last 25,000 years and*  
942 *its connection with the Northern Hemisphere climatic changes*. Paleoceanography and  
943 Paleoclimatology 16, 40-52.

944

945 Cevasco, A., De Pascale, A., Guido, M. A., Montanari, C., Maggi, R., Nicosia, C., 2013. *Le Mogge*  
946 *di Ertola (Appennino ligure): uncontributo all'archeologia del fuoco e all'archeologia dell'acqua*,  
947 in: Cevasco, R. (Ed.), *La natura della montagna. Scritti in ricordo di Giuseppina Poggi*. Oltre  
948 Edizioni, Sestri Levante, pp. 413-427.

949

950 Christen, J.A., Pérez, S., 2009. *A new robust statistical model for radiocarbon data*. Radiocarbon  
951 51, 1047–1059.

952

953 Cita, M.B., De Lange, G., Sala, M.C., Osio, A., Mariani, A.R., Marotta, P.A., 1996. *The record of*  
954 *the last glaciation in two deep-sea cores from the Sicily Channel of Capo Rossello (Central*  
955 *Mediterranean)*. Il Quaternario 9, 493-498.

956

957 Colombaroli, D., Marchetto, A., Tinner, W., 2007. *Long-term interactions between Mediterranean*  
958 *climate, vegetation and fire regime at Lago di Massaciuccoli (Tuscany, Italy)*. *Journal of Ecology*  
959 95, 755–770. <https://doi.org/10.1111/j.1365-2745.2007.01240.x>  
960

961 Colombaroli, D., Vanni re, B., Emmanuel, C., Magny, M., Tinner, W., 2008. *Fire–vegetation*  
962 *interactions during the Mesolithic–Neolithic transition at Lago dell’Accesa, Tuscany, Italy*. *The*  
963 *Holocene* 18, 679–92.

964

965 Cruise, G.M., 1990a. *Holocene peat initiation in the Ligurian Apennines, northern Italy*. *Review of*  
966 *Palaeobotany and Palynology* 63, 173–182.

967

968 Cruise, G.M., 1990b. *Pollen stratigraphy of two Holocene peat sites in the Ligurian Apennines,*  
969 *northern Italy*. *Review of Palaeobotany and Palynology* 63, 299–313.

970

971 Cruise, G.M., Maggi R., 2000. *Pian del Lago (Bargone), paesaggio costruito e paesaggio naturale*  
972 *tra la fine della glaciazione ed il medioevo*, in: Figone, F., Franceschini, I., Stagnaro, A. (Eds.),  
973 *Museo Parma Gemma, vent’anni di attivit  culturali e di ricerche*. Comunit  Montana Val  
974 Petronio, Recco, pp. 10–13.

975

976 Cruise, G.M., Macphail, R.I., Linderholm, J., Maggi, R., Marshall P.D., 2009. *Lago di Bargone,*  
977 *Liguria, N Italy: A reconstruction of Holocene environmental and land-use history*. *The Holocene*  
978 19(7), 987–1003.

979

980 Dansgaard, W., White, J.W.C., Johnsen, S.J., 1989. *The abrupt termination of the Younger Dryas*  
981 *climate event*. *Nature* 339, 532–534.

982

983 de Beaulieu, J.-L., Brugiapaglia, E., Joannin, S., Guiter, F., Zanchetta, G., Wulf, S., Peyron, O.,  
 984 Bernardo, L., Didier, J., Stock, A., Rius, D., Magny, M., 2017. *Lateglacial-Holocene abrupt*  
 985 *vegetation changes at Lago Trifoglietti in Calabria, Southern Italy: the setting of ecosystems in a*  
 986 *refugial zone*. Quaternary Science Reviews, 158, 44-57. <http://10.1016/j.quascirev.2016.12.013>.  
 987 hal-01662646

988 Di Rita, F., Anzidei, A.P., Magri, D., 2013. *A Lateglacial and early Holocene pollen record from*  
 989 *Valle di Castiglione (Rome): Vegetation dynamics and climate implications*. Quaternary  
 990 International, 288, 73-80.

991

992 Di Rita, F., Magri, D., 2019. *The 4.2 ka event in the vegetation record of the central Mediterranean*.  
 993 *Climate of the Past* 15, 237-251.

994

995 Drescher-Schneider R., de Beaulieu J.-L., Magny M., Walter-Simonnet A.-V., Bossuet G., Millet  
 996 L., Brugiapaglia E., Drescher A., 2007. *Vegetation history, climate and human impact over the last*  
 997 *15,000 years at Lago dell'Accesa (Tuscany, Central Italy)*. Vegetation History and Archaeobotany  
 998 16, 279-299. <http://doi: 10.1007/s00334-006-0089-z>.

999

1000 Faccini, F., Piccazzo, M., Robbiano, A., 2009. *A deep-seated gravitational slope deformation in the*  
 1001 *upper Bargonasco Valley (Ligurian Apennines)*. Geografia Fisica e Dinamica Quaternaria 32, 73-  
 1002 82.

1003

1004 Finsinger, W., Tinner, W., van der Knapp, W.O., Ammann, B., 2006. *The expansion of hazel*  
 1005 *(Corylus avellana L.) in the southern Alps: a key for understanding its early Holocene history in*  
 1006 *Europe?* Quaternary Science Reviews 25, 612-631.

1007



1008 Fletcher, W. J., Sánchez Goñi, M.F., Allen, J. R.M., Cheddadi, R., Combourieu-Nebout N.,  
 1009 Huntley, B., Lawson I., Londeix, L., Magri D., Margari, V., Müller, U. C., Naughton, F., Novenko  
 1010 E., Roucoux K., Tzedakis P.C. , 2010. *Millennial-scale variability during the last glacial in*  
 1011 *vegetation records from Europe*. Quaternary Science Reviews, 29, (21–22), 2839-2864.  
 1012  
 1013 Follieri, M., Magri, D., Sadori, L., 1988. *250.000 year pollen record from Valle di Castiglione*  
 1014 *(Roma)*. Pollen et Spores 30, 329-356.  
 1015  
 1016 Follieri, M., Magri, D., Sadori, L., 1990. *Pollen stratigraphical synthesis from Valle di Castiglione*  
 1017 *(Roma)*. Quaternary International (1989) 3-4, 81-84.  
 1018  
 1019 Follieri, M., Giardini, M., Magri D., Sadori, L., 1998. *Palynostratigraphy of the last glacial period*  
 1020 *in the volcanic region of central Italy*. Quaternary International, 47–48, 3-20.  
 1021  
 1022 Gianotti, F., Forno, M.G., Ivy-Ochs, S., Kubik, P.W., 2008. *New chronological and stratigraphical*  
 1023 *data on the Ivrea amphitheatre (Piedmont, NW Italy)*. Quaternary International 190, 123–135.  
 1024  
 1025 Gianotti, F., Forno, M.G., Ivy-Ochs, S., Monegato, G., Pini, R., Ravazzi, C., 2015. *Stratigraphy of*  
 1026 *the Ivrea morainic amphitheatre (Italy): an updated synthesis*. Alpine and Mediterranean  
 1027 Quaternary 28 (1), 29-58.  
 1028  
 1029 Girod, A., 1997. *Arene Candide: Holocene land snails*, in: Maggi, R. (Ed.), *Arene Candide: a*  
 1030 *Functional and Environmental Assessment of the Holocene Sequence*. Il Calamo, Roma, pp. 125-  
 1031 136.  
 1032

- 1033 Grimm, E.C., 1987. *CONISS: A FORTRAN 77 program for stratigraphically constrained cluster*  
1034 *analysis by the method of incremental sum of squares*. Computers and Geosciences 13, 13–25.
- 1035
- 1036 Grimm, E.C., 1993. *TILIA Version 2.0.b.4 (software)*. Illinois State Museum, Springfield.
- 1037
- 1038 Guido, M.A., Menozzi, B.I., Montanari, C., Scipioni, S., 2003. *Il sito di ‘Mogge di Ertola’ come*  
1039 *potenziale fonte per la storia ambientale del crinale Trebbia-Aveto*. Archeologia Postmedievale 6,  
1040 111–116.
- 1041
- 1042 Guido, M.A., Mariotti Lippi, M., Menozzi, B.I., Placereani, S., Montanari, C., 2004a. *Il paesaggio*  
1043 *vegetale montano della Liguria centro-occidentale nell'Età del Ferro: area del Monte Beigua*  
1044 *(Savona)*, in: De Marinis, R.C., Spadea, G. (Eds.), *I LIGURI. Un antico popolo europeo tra Alpi e*  
1045 *Mediterraneo*, SKIRA, Ginevra-Milano, pp. 91-95.
- 1046
- 1047 Guido, M.A., Mariotti Lippi, M., Menozzi, B.I., Placereani, S., Montanari, C., 2004b. *Ambienti*  
1048 *costieri nella Riviera ligure di Levante tra le Età dl Bronzo e del Ferro: aree di Rapallo e di*  
1049 *Chiavari*, in: De Marinis, R.C., Spadea, G. (Eds.), *I LIGURI. Un antico popolo europeo tra Alpi e*  
1050 *Mediterraneo*, SKIRA, Ginevra-Milano, pp. 78- 81.
- 1051
- 1052 Guido, M.A., Mariotti Lippi, M., Menozzi, B.I., Placereani, S., Montanari, C., 2004c. *Il paesaggio*  
1053 *vegetale della costa toscana settentrionale negli ultimi tre millenni a.C.*, in: De Marinis, R.C.,  
1054 Spadea, G. (Eds.), *I LIGURI. Un antico popolo europeo tra Alpi e Mediterraneo*, SKIRA, Ginevra-  
1055 Milano, pp. 84- 85.
- 1056
- 1057 Guido, M., Molinari, C., Montanari, C., 2009. *Primi dati palinologici per la storia ambientale*  
1058 *tardo-pleistocenica della Liguria orientale*, in Di Marzio, P., Fortini, P., Scippa, G.S. (Eds.), *Le*

1059 *scienze botaniche nella cultura e sviluppo economico del territorio*. Atti 104° Congresso della  
1060 Società Botanica Italiana, Campobasso, 16-19 settembre 2009, 272.

1061

1062 Guido, M. A., Menozzi, B. I., Bellini, C., Placereani, S. and Montanari, C. 2013. *A palynological*  
1063 *contribution to the environmental archaeology of a Mediterranean mountain wetland (NW*  
1064 *Apennines, Italy)*. The Holocene 23, 1517–27.

1065

1066 Guiot, J., Harrison, S., Prentice, I.C., 1993. *Reconstruction of Holocene Precipitation Patterns in*  
1067 *Europe Using Pollen and Lake-Level Data*. Quaternary Research 40(2), 139-149.

1068

1069 Guiter, F., Andrieu-Ponel, V., de Beaulieu, J.-J., Nicoud, G., Ponel, P., Blavoux, B., Gandouin, E.,  
1070 2008. *Palynostratigraphy of some Pleistocene deposits in the Western Alps: A review*. Quaternary  
1071 International 190, 10-25.

1072

1073 Helmens, K.F., 2013. *The Last Interglacial-Glacial cycle (MIS 5-2) re-examined based on long*  
1074 *proxy records from central and northern Europe*. Technical Report TR-13-02, Svensk  
1075 Kärnbränslehantering AB Swedish Nuclear Fuel and Waste Management Co, 1-59.

1076

1077 Ivanovich, M., Harmon, R. S. (Eds.), 1992. *Uranium Series Disequilibrium Applications to*  
1078 *Environmental Problems*. Oxford University Press, Oxford.

1079

1080 Jalut, G., Turu Michels, V., Dedoubat, J.-J., Otto, T., Ezquerra, J., Fontugne, M., Belet, J.M.,  
1081 Bonnet, L., García de Celis, A., Redondo-Vega, J.M., Vidal-Romaní, J.R., Santos, L., 2010.  
1082 *Palaeoenvironmental studies in NW Iberia (Cantabrian range): Vegetation history and synthetic*

1083 *approach of the last deglaciation phases in the western Mediterranean.* Palaeogeography,  
1084 Palaeoclimatology, Palaeoecology 297, 330-350.

1085

1086 Kaltenrieder, P., Belis, C.A., Hofstetter, S., Ammann, B., Ravazzi, C., Tinner, W., 2009.  
1087 *Environmental and climatic conditions at a potential Glacial refugial site of tree species near the*  
1088 *Southern Alpine glaciers. New insights from multiproxy sedimentary studies at Lago della Costa*  
1089 *(Euganean Hills, Northeastern Italy).* Quaternary Science Reviews 28, 2647–2662.

1090

1091 Kaniewski, D., Renault-Miskowsky, J., Tozzi, C., Lumley, H. De., 200. *Upper Pleistocene and Late*  
1092 *Holocene vegetation belts in western Liguria: an archaeopalynological approach.* Quaternary  
1093 International 135, 47-63.

1094

1095 Lowe, J.J., 1992. *Pollen stratigraphy and radiocarbon dating of late-glacial and early Holocene*  
1096 *lake sediments from the northern Apennines, Italy.* Boreas 21, 319–334.

1097

1098 Lowe, J.J. and Watson, C., 1993. *Lateglacial and early Holocene pollen stratigraphy of the*  
1099 *northern Apennines, Italy.* Quaternary Science Reviews 12, 727–738.

1100

1101 Lowe, J.J., Branch, N., Watson, C., 1994a. *The chronology of human disturbance of the vegetation*  
1102 *of the northern Apennines during the Holocene, in Highland zone exploitation in southern Europe,*  
1103 *edited by Biagi P., Nandris J., Brescia: Museo Civico Di Scienze Naturali, pp. 171-189.*

1104

1105 Lowe, J.J., Davite, C., Moreno, D., Maggi, R., 1994b. *Holocene pollen stratigraphy and human*  
1106 *interference in the woodlands of the northern Apennines, Italy,* The Holocene 4, 153-164.

1107

1108 Ludwig, K.R., 2008. *Isoplot User's Manual*. Berkeley Geochronology Center, Special Publication  
 1109 No. 4, pp. 76.  
 1110  
 1111 Ludwig, K.R., Paces J.B., 2002. *Uranium-series dating of pedogenic silica and carbonate, Crater*  
 1112 *Flat, Nevada*. *Geochimica et Cosmochimica Acta* 66, 487–506.  
 1113  
 1114 Maggi, R., 1983. *Il Neolitico*, pp 45-58, in Maggi, R. (Ed.), *Preistoria nella Liguria Orientale*.  
 1115 Recco. Siri.  
 1116  
 1117 Maggi, R. (Ed.), 1990. *Archeologia dell'Appennino Ligure gli scavi del Castellaro di Uscio: un*  
 1118 *insediamento di crinale occupato dal Neolitico alla conquista Romana*. Collezione di Monografie  
 1119 Preistoriche ed Archeologiche 8.  
 1120  
 1121 Maggi, R., 1999. *Coasts and uplands in Liguria and Northern Tuscany from the Mesolithic to the*  
 1122 *Bronze Age*, in: Tykot, R.H., Morter, J., Robb, J.E. (Eds.), *Social Dynamics of the Prehistoric*  
 1123 *Central Mediterranean*. Accordia Research Institute, London, 47-65.  
 1124  
 1125 Maggi, R., 2000. *Aspetti di archeologia del territorio in Liguria: la formazione del paesaggio dal*  
 1126 *Neolitico all'Età del Bronzo*. *Annali Istituto 'Alcide Cervi'* 19, 143–162.  
 1127  
 1128 Maggi, R., 2004. *I monti sun eggi: the making of the Ligurian landscape in prehistory*, in:  
 1129 Balzaretti, R., Pearce, M., Watkins, C. (Eds.), *Ligurian Landscapes, Studies in Archaeology,*  
 1130 *Geography and History*. Accordia Research Institute, University of London, London, pp. 71–82.  
 1131

1132 Maggi, R., 2015. *I monti sono vecchi. Archeologia del paesaggio dal Turchino alla Magra*. De  
 1133 Ferrari., Genova.  
 1134  
 1135 Maggi, R., Nisbet, R., 1990 . *Prehistoric pastoralism in Liguria*. Rivista di Studi Liguri LVI (1-4),  
 1136 265-296.  
 1137  
 1138 Maggi, R., Pearce, M., 2005. *Mid fourth-millennium copper mining in Liguria, north-west Italy: the*  
 1139 *earliest known copper mines in Western Europe*. Antiquity 79, 66-77.  
 1140  
 1141 Maggi, R., Pearce, M., 2013. *Cronologia mineraria in Liguria*, in Cocchi, D. (Ed.), *Cronologia*  
 1142 *assoluta e relativa dell'Età del Rame in Italia*. QuiEdit, Verona, pp. 5-15.  
 1143  
 1144 Maggi, R., Negrino, F., 2016. *The paradoxical pattern of the Mesolithic evidence in Liguria:*  
 1145 *piecing together the puzzle*. Preistoria Alpina 48, 133-138.  
 1146  
 1147 Magri, D., 2010. *Persistence of tree taxa in Europe and Quaternary climate changes*. Quaternary  
 1148 International 219 (1-2), 145-151.  
 1149  
 1150 Magri, D., Agrillo, E., Di Rita, F., Furlanetto, G., Pini, R., Ravazzi, C., Spada, F., 2015. *Holocene*  
 1151 *dynamics of tree taxa populations in Italy*. Review of Palaeobotany and Palynology 218, 267-284.  
 1152  
 1153 Mariotti Lippi, M., Guido, M.A., Menozzi, B.I., Trinci, C., Montanari, C., 2004. *The late*  
 1154 *Pleistocene-Holocene evolution of the coastal plain of the Ligurian Sea (Tuscany and Liguria,*  
 1155 *Italy) by means of palynological analysis*. POLEN 14, 525-526  
 1156

1157 Mariotti Lippi, M., Guido, M.A., Menozzi, B. Bellini, C., Montanari, C., 2007. *The Massaciuccoli*  
 1158 *Holocene pollen sequence and the vegetation history of the coastal plains by the Mar Ligure*  
 1159 *(Tuscany and Liguria, Italy)*. Vegetation History and Archaeobotany 16, 267–277.

1160

1161 Menozzi, B.I., Fichera, A., Guido, M.A., Mariotti Lippi, M., Montanari, C., Zanchetta, G.,  
 1162 Bonadonna, F.P., Garbari, F., 2002. *Lineamenti Paleoambientali del bacino del Lago di*  
 1163 *Massaciuccoli (Toscana Nord-Occidentale, Italia)*. Atti Soc. tosc. Sci. nat., Mem., Serie B, 109,  
 1164 177-187.

1165

1166 Mercuri , A.M., Sadori, L., Uzquiano Ollero, P., 2011. *Mediterranean and north-African cultural*  
 1167 *adaptations to mid-Holocene environmental and climatic changes* . The Holocene 21(1), 189-206.  
 1168 <https://doi.org/10.1177/0959683610377532>

1169

1170 Miola, A., Albanese, D., Valentini, G., Corani, L., 2003. *Pollen data for a biostratigraphy of LGM*  
 1171 *in the venetian Po Plain. Il Quaternario*, Italian Journal Quaternary Sciences 16, 21-25.

1172

1173 Montanari, C., Guido, M.A., Cornara, L., Placereani, S., 1998. *Tracce polliniche di boschi neolitici*  
 1174 *di abete bianco in Val Bisagno (area urbana di Genova)*. Biogeographia XIX, 133-143.

1175

1176 Montanari, C., Bellini, C., Guido, M.A., Mariotti Lippi, M., 2014. *Storia dell'ambiente costiero del*  
 1177 *Mar Ligure sulla base di analisi biostratigrafiche*. Studi costieri 22, 209-223.

1178

1179 Moore, P.D., Webb, J.A., Collinson, M.E., 1991. *Pollen Analysis*. Blackwell Scientific  
 1180 Publications, London.

1181



1182 Morandi, L.F., Branch, N.P., 2018. *Long-range versus short-range prehistoric pastoralism.*  
 1183 *Potential of palaeoecological proxies and a new record from western Emilia, northern Apennines,*  
 1184 *Italy*, in: Pelisiak, A., Nowak, M., Astaloş, C. (Eds.), *People and the Mountains*. Archaeopress  
 1185 Publishing Ltd, Stroud, pp. 47-60.

1186

1187 Moreno, A., Svensson, A., Brooks, S., Connor, S., Engels, S., Fletcher, W., Genty, D., Heiri, O.,  
 1188 Labuhn, I., Perşoiu, A., Peyron, O., Sadori, L., Valero-Garcés, B., Wulf, S., Zanchetta, G. and data  
 1189 contributors, 2014. *A compilation of Western European terrestrial records 60-8 ka BP: towards an*  
 1190 *understanding of latitudinal climatic gradients*. Quaternary Science Reviews 106, 167-185.

1191

1192 Müller, U.C., Pross, J., and Bibus, E., 2003. *Vegetation response to rapid climate change in central*  
 1193 *Europe during the last 140,000 yr based on evidence from the Föramoos pollen record*. Quaternary  
 1194 Research 59, 235–245. [http://doi: 10.1016/S0033-5894\(03\)00005-X](http://doi:10.1016/S0033-5894(03)00005-X).

1195

1196 Mussi, M., Gioia, P., Negrino, F., 2006. *Ten small sites: the diversity of the Italian Aurignacian*, in:  
 1197 Bar-Yosef, O., Zilhão, J. (Eds.), *Towards a definition for the Aurignacian*. Proceedings of the  
 1198 Symposium held in Lisbon, Portugal, June 25-30, 2002. Instituto Português de Arqueologia,  
 1199 Lisbon, 189-210.

1200

1201 Neymark, L.A. and Paces, J.B., 2000. *Consequences of slow growth for  $^{230}\text{Th}/\text{U}$  dating of*  
 1202 *quaternary opals, Yucca Mountain, NV, USA*. Chemical Geology 164, 143–160.

1203

1204 Neymark, L.A., Paces, J.A., 2013. *Ion-probe U–Pb dating of authigenic and detrital opal from*  
 1205 *Neogene-Quaternary alluvium*. Earth and Planetary Science Letters 361, 98–109.

1206

1207 Neymark, L.A., Amelin, Y.V., Paces, J.B., 2000.  *$^{206}\text{Pb}$ - $^{230}\text{Th}$ -  $^{234}\text{U}$ - $^{238}\text{U}$  and  $^{207}\text{Pb}$ - $^{235}\text{U}$*   
1208 *geochronology of Quaternary opal, Yucca Mountain, Nevada*. *Geochimica et Cosmochimica Acta*  
1209 64, 2913–2928.

1210

1211 Neymark, L.A., Amelin, Y., Paces, J.B., Peterman, Z.E., 2002. *U-Pb ages of secondary silica at*  
1212 *Yucca Mountain, Nevada: implications for the paleohydrology of the unsaturated zone*. *Applied*  
1213 *Geochemistry* 17, 709-734.

1214

1215 Nisbet, R., 1997. *Arene Candide: charcoal remains and prehistoric woodland use*, in: Maggi, R.  
1216 (Ed.), *Arene Candide: a Functional and Environmental Assessment of the Holocene Sequence*. Il  
1217 Calamo, Roma, pp. 103-112.

1218

1219 Nisbet, R. 2006. *Agricoltura del Neolitico Antico alle Arene Candide (Savona)*, in: Cucuzza, N.,  
1220 Medri, M. (Eds.), *Archeologie, Studi in onore di Tiziano Mannoni*. Edipuglia, Bari, pp. 331-335.

1221

1222 Pettitt, P., Richards, M., Maggi, R., Formicola, V., 2015. *The Gravettian burial known as the*  
1223 *Prince (“Il Principe”): new evidence for his age and diet*. *Antiquity* 77, 15-19.

1224

1225 Peyron, O., Guiot, J., Cheddadi, R., Tarasov, P., Reille, M., de Beaulieu, J.-J., Bottema, S., Andrieu,  
1226 V., 1996. *Climatic reconstruction in Europe for 18,000 yr B.P. from pollen data*. *Quaternary*  
1227 *Research* 49, 183-196.

1228

- 1229 Peyron, O., Goring, S., Dormoy, I., 2011. *Holocene seasonality changes in the central*  
 1230 *Mediterranean region reconstructed from the pollen sequences of Lake Accesa (Italy) and Tenaghi*  
 1231 *Philippon (Greece)*. *The Holocene* 21(1), 131-146. <https://doi.org/10.1177/2F0959683610384162>  
 1232
- 1233 Piccazzo, M., Firpo, M., Ivaldi, R., Arobba, D., 1994. *Il delta del fiume Centa (Liguria*  
 1234 *occidentale): un esempio di modificazione recente del clima e del paesaggio*. *Il Quaternario, Italian*  
 1235 *Journal of Quaternary Sciences* 7(1), 293-298.  
 1236
- 1237 Pini, R., Ravazzi, C., Reimer P.J., 2010. *The vegetation and climate history of the last glacial cycle*  
 1238 *in a new pollen record from Lake Fimon (southern Alpine foreland, N-Italy)*. *Quaternary Science*  
 1239 *Reviews*, 29 (23–24), 3115-3137.  
 1240
- 1241 Ponel, P., Lowe, J.J., 1992. *Coleopteran, pollen and radiocarbon evidence from the Prato Spilla 'D'*  
 1242 *succession, N, Italy*. *Comptes Rendus de l'Académie de Sciences, Paris, Serie II*, 615, 1425-1431.  
 1243
- 1244 Punt, W. (Ed.), 1976. *The Northwest European Pollen Flora I*. Elsevier Science Publishers,  
 1245 Amsterdam.  
 1246
- 1247 Punt, W., Blackmore, S. (Eds.), 1991. *The Northwest European Pollen Flora VI*. Elsevier Science  
 1248 Publishers, Amsterdam.  
 1249
- 1250 Punt, W., Clarke, G.C.S. (Eds.), 1980. *The Northwest European Pollen Flora II*. Elsevier Science  
 1251 Publishers, Amsterdam.  
 1252
- 1253 Punt, W., Clarke, G.C.S. (Eds.), 1981. *The Northwest European Pollen Flora III*. Elsevier Science  
 1254 Publishers, Amsterdam.

1255

1256 Punt, W., Clarke, G.C.S. (Eds.), 1984. *The Northwest European Pollen Flora IV*. Elsevier Science  
1257 Publishers, Amsterdam.

1258

1259 Punt, W., Blackmore, S., Clarke, G.C.S. (Eds.), 1988. *The Northwest European Pollen Flora V*.  
1260 Elsevier Science Publishers, Amsterdam.

1261

1262 Punt, W., Blackmore, S., Hoen, P.P. (Eds.), 1995. *The Northwest European Pollen Flora VII*.  
1263 Elsevier, Amsterdam.

1264

1265 Rashid, H. and Grosjean, E., 2006. *Detecting the source of Heinrich layers: An organic*  
1266 *geochemical study*. *Paleoceanography* 21, 1-20.

1267

1268 Rasmussen, S.O., Bigler, M., Blockley, S.P., Blunier, T., Buchardt, S.L., Clausen, H.B., Cvijanovic,  
1269 I., Dorthe Dahl-Jensen, D., Johnsen, S.J., Fischer, H., Gkinis, V., Guillevic, M., Hoek, W.Z., Lowe,  
1270 J.J., Joel, B. Pedro, Popp, T., Seierstad, I.K., Steffensen, J.P., Svensson, A.M., Vallelonga, P.,  
1271 Vinther, B.M., Walker, M.J.C., Wheatley, J.J. and Winstrup, M., 2014. *A stratigraphic framework*  
1272 *for abrupt climatic changes during the LastGlacial period based on three synchronized Greenland*  
1273 *ice-core records: refining and extending the INTIMATE event stratigraphy*. *Quaternary Science*  
1274 *Reviews* 106, 14-28.

1275

1276 Ravazzi, C., 2002. *Late Quaternary history of spruce in southern Europe*. *Review Palaeobotany*  
1277 *and Palynology* 120, 131-177.

1278

1279 Reille, M., 1992–1998. *Pollen et spores d'Europe et d'Afrique du Nord*. Laboratoire de botanique  
1280 historique et palynology, Marseille.

1281

1282 R Core Team, 2016. *R: A Language and Environment for Statistical Computing*. R Foundation for  
1283 Statistical Computing, Austria, Vienna.

1284

1285 Reimer, P.J., Bard, E., Bayliss, A., Beck, J.W., Blackwell, P.G., Bronk Ramsey, C., Caitlin E Buck,  
1286 C.E., Cheng, H., Edwards, R., Friedrich, M., Grootes, P.M., Guilderson, T.P., Haflidason, H.,  
1287 Hajdas, I., Hatté, C., Heaton, T.J., Hoffmann, D.L., Hogg, A.G., Hughen, K.A., Kaiser, K.F.,  
1288 Kromer, B., Manning, S.W., Niu, M., Reimer, R.W., Richards, D.A., Scott, E.M., Southon, J.R.,  
1289 Staff, R.A., Turney, C.S.M., van der Plicht, J. 2013. *IntCal13 and Marine13 Radiocarbon Age*  
1290 *Calibration Curves 0-50,000 Years Cal BP*. Radiocarbon 55(4), 1869-1887.

1291

1292 Rowley-Conwy, P. 1997. *The animal bones from Arene Candide (Holocene sequence): final report*,  
1293 in Maggi, R. (Ed.), *Arene Candide: a Functional and Environmental Assessment of the Holocene*  
1294 *Sequence*. Il Calamo, Roma, pp. 153-279.

1295

1296 Russo Ermolli, E. and Di Pasquale, G., 2002. *Vegetation dynamics of south-western Italy in the last*  
1297 *28 kyr inferred from pollen analysis of a Tyrrhenian Sea core*. Vegetation History and  
1298 Archaeobotany 11 (3), 211-220.

1299

1300 Sparacello, V.S., Rossi, S., Pettitt, P., Roberts, C., Riel-Salvatore, J., Formicola, V., 2018. *New*  
1301 *insights on Final Epigravettian funerary behavior at Arene Candide Cave (Western Liguria, Italy)*.  
1302 Journal of Anthropological Sciences 96, 1-24.

1303

1304 Sprynskyy, M., Kovalchuka, I., Buszewski, B., 2010. *The separation of uranium ions by natural*  
1305 *and modified diatomite from aqueous solution*. Journal of Hazardous Materials 181 (1-3), 700-707.

1306

1307 Stuiver, M., Polach, H., 1977. *Discussion: Reporting of <sup>14</sup>C Data*. Radiocarbon 19, 355-363.

1308

1309 Stuiver, M., Kra, R. (Eds.), 1986. *Calibration Issue*. Radiocarbon 28(2B), 805-1030.

1310

1311 Tinner, W., Hubschmid, P., Wehrli, M., Ammann, B., Conedera, M., 1999. *Long-term forest fire*  
1312 *ecology and dynamics in southern Switzerland*. Journal of Ecology 87, 273–89.

1313

1314 Vandenberghe, J. and van der Plicht, J., 2016. *The age of the Hengelo interstadial revisited*,  
1315 Quaternary Geochronology 32, 21-28.

1316

1317 Vermeesch, P., 2018. *IsoplotR: a free and open toolbox for geochronology*. Geoscience Frontiers 9,  
1318 1479-1493.

1319

1320 Vescovi, E., Ammann, B., Ravazzi, C., 2010a. *A new Late-glacial and Holocene record of*  
1321 *vegetation history from Lago del Greppo, northern Apennines, Italy*. Vegetation History and  
1322 Archaeobotany 19, 219–233.

1323

1324 Vescovi, E., Petra Kaltenrieder, P., Tinner, W., 2010b. *Late-Glacial and Holocene vegetation*  
1325 *history of Pavullo nel Frignano (Northern Apennines, Italy)*. Review of Palaeobotany and  
1326 Palynology 160, 32–45.

1327

1328 Watson, C.S. 1996. *The vegetational history of the northern Apennines, Italy: Information from*  
1329 *three new sequences and a review of regional vegetational change*. Journal of Biogeography 23,  
1330 805–841.

1331

1332 Watts, W.A., 1985. *A long pollen record from Laghi di Monticchio, southern Italy: a preliminary*  
 1333 *account*. Journal of the Geological Society of London 142, 491-499.  
 1334  
 1335 Watts, W.A., Allen, J.R.M., Huntley, B. and Fritz, S.C., 1996a. *Vegetation history and climate of*  
 1336 *the last 15,000 years at Laghi di Monticchio, southern Italy*. Quaternary Science Reviews 15, 113-  
 1337 132.  
 1338  
 1339 Watts, W.A., Allen, J.R.M. and Huntley, B., 1996b. *Vegetation history and palaeoclimate of the*  
 1340 *last glacial period at Lago Grande di Monticchio, southern Italy*. Quaternary Science Reviews 15,  
 1341 133-154.  
 1342  
 1343 Willis, K.J., Rudner, E., Sümegi, P., 2000. *The Full-Glacial Forests of Central and Southeastern*  
 1344 *Europe*. Quaternary Research 53, 203–213.  
 1345  
 1346 Willis, K.J., van Andel T.H., 2004. *Trees or no trees? The environments of central and eastern*  
 1347 *Europe during the Last Glaciation*. Quaternary Science Reviews 23, 2369–2387.  
 1348  
 1349 Woillard, M.G., 1978. *Grande Pile peat bog: a continuous pollen record for the last 140.000 years*.  
 1350 Quaternary Research 9, 1-21.  
 1351  
 1352 Yokoyama, Y., Nguyen, H-V., 1980. *Direct and non-destructive dating of marine sediments,*  
 1353 *manganese nodules, and corals by high resolution gamma-ray spectrometry*, in Saruhashi, K. (Ed.),  
 1354 *Isotope Marine Chemistry*. Uchida-Rokaku, Tokyo, pp. 235-265.  
 1355  
 1356  
 1357



1358

1359 LIST OF FIGURES and captions

1360 Figure 1: Location of Pian del Lago and key Late Pleistocene and Holocene palaeoenvironmental  
1361 records from the northern Apennines mentioned in the text

1362

1363 Figure 2: Photographs of Pian del Lago during the field investigations (top – west facing; bottom –  
1364 east facing)

1365

1366 Figure 3: Lithostratigraphy, and age-depth model of Pian del Lago, Northern Apennines, Italy

1367

1368 Figure 4: Pollen diagram from Pian del Lago, Northern Apennines, Italy

1369

1370 Figure 5: Key Late Pleistocene and Holocene palaeoenvironmental and palaeoclimatic records from  
1371 southwestern Europe mentioned in the text

1372

1373 Figure 6: Selected taxa pollen diagram and event stratigraphy compared with the ice core and  
1374 marine records, and INTIMATE event stratigraphy; grey bands indicate interstadial events  
1375 identified in this research

1376

1377 LIST OF TABLES and captions

1378 Table 1: Results of the radiocarbon and U-series dating

1379 Table 2: Proportions (%) of minerals present in samples analysed for U-Series dating

1380 Table 3: Simplified lithostratigraphy for Pian del Lago (core S1)

1381 Table 4: Event stratigraphy for the Northern Apennines

1382

1383

1384